

## WOMEN’S VOLLEYBALL

### a. Regular Season / League Format

- Six (6) Participating Teams.
- One division of six teams.
- Each AUS team plays a total 20 regular season matches versus AUS opponents as follows:
  - Ten (10) single home & away matches vs. each AUS team.
  - Five (5) additional home or away matches vs. each AUS team.
  - Five (5) additional matches vs. each AUS team which will take place within a league tournament.  
(Amended October 2015)
- Each win = 2 points in the AUS standings.
- History of AUS / RSEQ Interlock Tournaments:

<b>Season</b>	<b>Date</b>	<b>Host</b>	<b>Season</b>	<b>Date</b>	<b>Host</b>
<b>2005-06:</b>	Nov. 2005	Moncton	<b>2011-12:</b>	No Interlock	
	Jan. 2006	Sherbrooke			
<b>2006-07:</b>	Nov. 2006	McGill	<b>2012-13:</b>	Oct. 2012	SMU/DAL
	Jan. 2007	DAL / SMU		Nov. 2012	McGill
<b>2007-08:</b>	Nov. 2006	Moncton	<b>2013-14:</b>	Oct. 2013	UNB
	Jan. 2007	Sherbrooke		Nov. 2013	Sherbrooke
<b>2008-09:</b>	Oct. 2008	Acadia	<b>2014-15:</b>	Oct. 2014	Montreal
	Nov. 2008	McGill		Nov. 2014	Laval
<b>2009-10:</b>	Oct. 2009	Moncton	<b>2015-16:</b>	Oct. 2015	McGill/Montreal
	Nov. 2009	Montreal		Nov. 2015	SMU/DAL
<b>2010-11:</b>	Oct. 2010	Laval			
	Nov. 2010	Sherbrooke			

Tie-Breaking:

The tie-breaking procedure utilized by Atlantic University Sport for the sport of women's volleyball shall be:

If two or more teams are tied in the standings at the end of regular season league play, the following criteria will be applied, in order:

- i. The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher;
- ii. The team having the best ratio of won/lost sets, considering matches played between the tied teams, will be ranked higher;
- iii. The team having the best ratio of won/lost sets, considering all league matches, will be ranked higher;
- iv. The team having the best ratio of points for/against, considering sets played between the tied teams, will be ranked higher
- v. The team having the best ratio of points for/against, considering all sets played during league play, will be ranked higher
- vi. As determined by the Sport Chair (e.g., extra game, toss of coin, etc.).

When applying this rule to break a tie, the following sequence should be followed:

- i. When two teams are tied, the tie-breaking criteria are applied one after the other until the tie has been broken.
- ii. When three or more teams are tied, the tie-breaking criteria are applied one after the other until all the tied teams have been ranked.

Note: This means that if there is a tie among teams X, Y, and Z and criteria b) is able to determine X as first, Y as second and Z as third, then no further criteria are to be used. The tie is broken.

However, if criteria b) determines X as first and there is still a tie between Y and Z, then the ranking of the remaining teams will be determined by proceeding to criteria c) and so on, if necessary. Do not start at a) again. Continue through the sequence of criteria.

**b. Playoff / Championship Format**

The host of the Atlantic University Sport championship event must appoint a chairperson. This chairperson or designate is to be on site for all competitions related to the championship.

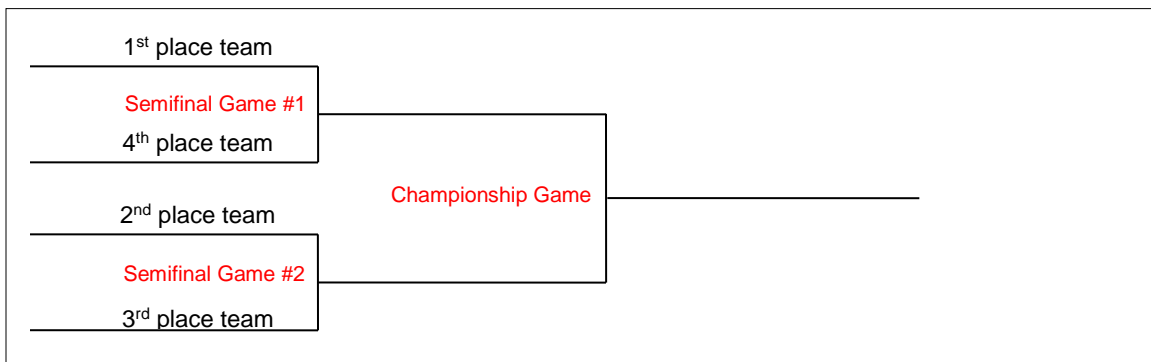
The Atlantic University Sport championship is an Atlantic University Sport event managed by a host university or Atlantic University Sport, and the host of the championship is to comply with Atlantic University Sport policies.

Format and Schedule: (Amended October 2015)

- The top four (4) teams by points in the standings following regular season play advance to the Atlantic University Sport championship.
- The host of the AUS women’s volleyball championship will be determined on a 6-year rotational basis as follows:

2017-18: Moncton	2020-21: UNB
2018-19: Memorial	2021-22: Acadia
2019-20: Dalhousie	2022-23: Saint Mary’s

- Note: The host must finish in the top 4 in that particular season.
- If the host doesn’t finish within the top 4, the next team in the rotation (who has finished in the top 4) becomes the host. The team which didn’t qualify moves into the next season’s host position.
- The AUS women’s volleyball championship will be a bracket format as follows:



- The host can decide on a Friday/Saturday vs. Saturday/Sunday format (see sample schedules below), but must declare to AUS office by the Friday of the first weekend of 2nd term league play.

Note: This includes not only the HOST first in line for that particular year, but also the alternate HOST(s).

<b><u>Friday/Saturday Option:</u></b>	<b><u>Saturday/Sunday Option:</u></b>
<p><u>Thursday</u></p> <ul style="list-style-type: none"> <li>- 6:00pm: Banquet</li> </ul>	<p><u>Friday</u></p> <ul style="list-style-type: none"> <li>- 6:00pm: Banquet</li> </ul>
<p><u>Friday</u></p> <p><i>Practices / Training:</i></p> <ul style="list-style-type: none"> <li>- 9:00am - 10:00am: Highest Seed (Semi 1)</li> <li>- 10:00am - 11:00am: Lowest Seed (Semi 1)</li> <li>- 11:00am - 12:00pm: Highest Seed (Semi 2)</li> <li>- 12:00pm - 1:00pm: Lowest Seed (Semi 2)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 4:30pm: Semi Final Match #1*</li> <li>- 7:00pm: Semi Final Match #2*</li> </ul> <p><i>*Host has choice of match time</i></p>	<p><u>Saturday</u></p> <p><i>Practices / Training</i></p> <ul style="list-style-type: none"> <li>- 9:00am - 10:00am: Highest Seed (Semi 1)</li> <li>- 10:00am - 11:00am: Lowest Seed (Semi 1)</li> <li>- 11:00am - 12:00pm: Highest Seed (Semi 2)</li> <li>- 12:00pm - 1:00pm: Lowest Seed (Semi 2)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 4:30pm: Semi Final Match #1*</li> <li>- 7:00pm: Semi Final Match #2*</li> </ul> <p><i>*Host has choice of match time</i></p>
<p><u>Saturday</u></p> <p><i>Practices / Training</i></p> <ul style="list-style-type: none"> <li>- 9:00am - 10:00am: Losing Team (Semi 1)</li> <li>- 10:00am - 11:00am: Losing Team (Semi 2)</li> <li>- 11:00am - 12:00pm: Highest Seed (Final)</li> <li>- 12:00pm - 1:00pm: Lowest Seed (Final)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 4:30pm: 3rd Place Match</li> <li>- 7:00pm: Championship Match</li> </ul>	<p><u>Sunday</u></p> <p><i>Practices / Training</i></p> <ul style="list-style-type: none"> <li>- 8:00am - 8:45am: Losing Team (Semi 1)</li> <li>- 8:45am - 9:30am: Losing Team (Semi 2)</li> <li>- 9:30am - 10:15am: Highest Seed (Final)</li> <li>- 10:15am - 11:00am: Lowest Seed (Final)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 1:00pm: 3rd Place Match</li> <li>- 3:30pm: Championship Match</li> </ul>

**Officials:**

- For the AUS women’s volleyball championship, the four (4) officials assigned to any match must all be Level IV officials.
  - A maximum of 50% (2 of 4) of the officials assigned to the AUS women’s volleyball championship shall come from the host province. The host region/provincial assignor determines how the other 50% is filled (from which regions).
- (Amended May 2013)

**Championship Technical Meeting:**

A technical meeting before the championship may be organized by the host, but is not necessary. An information bulletin should be circulated prior to the event with any relevant details surrounding the championship.

AUS Tournament All-Stars and AUS Championship Most Valuable Player:

The selection of the AUS championship all-star team is to be made by an awards committee established at the AUS championship by the convener of the host organizing committee. The tournament convener and the sport chair, or designate, shall consult with the awards committee to ensure proper protocol is followed.

1. The selections shall be based on the athletes' performance at the AUS championship.
2. The tournament all-star team shall consist of seven (7) players, not by position, including the championship most valuable player. (*Amended May 2016*)
3. The championship most valuable player must be a member of the seven-player tournament all-star team.
4. The awards shall be announced and distributed at the conclusion of the AUS championship game and prior to the presentation of the AUS championship banner and trophy.
5. The tournament all-stars and most valuable player shall be presented with an AUS-branded gift as provided by the host and approved by the AUS office. (*Amended May 2011*)

Players of the game and AUS championship awards

- A Subway player of the game will be selected following each AUS playoff match for both teams. The players of the game shall be announced using the public address system, referred to as such in any post-game recaps and recorded on the game sheet and/or statistical report.
- After every game at the AUS championship, both teams (winning and losing) shall remain on the playing surface for the presentation of the player of the game awards.
- Following the AUS championship game, both teams (winning and losing) shall remain on the playing surface for the presentation of the player of the game awards, AUS major awards/all-stars, championship MVP and championship banner.

Note: The winning team's head coach shall be mindful of prolonged celebration immediately following the game, and will ensure their team lines up accordingly in a timely fashion for the post-game protocol.

*(Amended May 2015)*

AUS Championship Management Committee:

The AUS Championship Management Committee shall rule on all matters necessary for the championship to proceed and will, in addition, act as the Protest Committee at the championship.

The AUS Championship Management Committee shall apply AUS Rules. The Management Committee may not, nor may any member, make an exception to any AUS or U SPORTS Rule or to a sanction imposed by AUS or U SPORTS.

The Championship Management Committee has no jurisdiction to consider or interpret SPORTS Eligibility Regulations.

Composition of the Management Committee shall be:

- i) Convener of Championship;
- ii) Sport Chair or Designate;
- iii) Head Official or Championship Assignor;

A quorum shall require all of the committee members, or their replacement.

If a member of the Management Committee was involved, directly or indirectly, in a decision or an interpretation of an AUS or SPORTS Rule that is being appealed/protested to the Management Committee, that member shall be excused from the Management Committee.

In this event, the remaining members of the Management Committee have the authority to appoint as a replacement for the excused member an individual who is independent, unbiased and uninvolved in the matter in dispute. The decision regarding whether a member of the Management Committee should be excused and replaced lies solely with the Management Committee.

The AUS Championship Management Committee shall have the power and jurisdiction to take interim on-the-spot measures to address minor code of conduct issues (inappropriate or unsportsmanlike conduct that is not criminal in nature) that arise at AUS Championships, in a timely fashion. The record of the incident, including the interim measures taken to address it shall be copied to the Athletic Director(s) of the affected school(s), and the AUS office.

It is the expectation of AUS that persons representing Member institutions, and/or AUS, at AUS Championships will behave responsibly, and with propriety, and in accordance with the laws of the land.

Security:

- a. There should be a sufficient number of security personnel (Student Police, Campus Security, City Police) to control the anticipated number of spectators.
- b. Security personnel should be instructed to observe the spectators and their actions and not the game.
- c. Inebriated spectators should be watched closely and removed if they are disruptive to the game or other spectators.
- d. Positive fan support should be encouraged and supported. Inappropriate fan reaction such as obscene gestures and abusive language should not be tolerated. Persons engaging in these actions should be given one warning and removed the second time.

Team Benches:

- a. The visiting team bench (and home team bench) should be separated from the spectator area and will be protected.
- b. Security personnel should be assigned specifically to the team bench areas as required to control spectator interference.

Championship Banquet:

The AUS women's volleyball championship banquet should be scheduled on the Thursday evening prior to the competition.

The minimum standards for the championship banquet are as follows:

- Framed or dry mounted certificates for any award winners, all-stars and all-rookie team members. (Provided by AUS office)
- Highlight video/photo during the banquet.
- Recognition of graduating athletes. (gift or flowers)
- Host must inform all schools how many tickets are available for family and friends.
- Athletes must receive their participant package at or prior to the banquet.
- Host must have a photographer present and banquet images should be forwarded to the AUS office and women's volleyball schools immediately following the banquet.



**c. Playing Rules & Regulations**

The following rules are applicable to all exhibition, league or playoff competition unless otherwise indicated.

The playing rules and regulations for Atlantic University Sport women's volleyball competition shall be identical to those contained in the U SPORTS Operations Manual, unless specified in the following rules.

The FIVB Rule Book for the current year shall be adopted as the basis for the Atlantic University Sport women's volleyball exhibition, league and playoff competition in that year, taking into consideration the U SPORTS amendments.

The English translation of the FIVB Rule Book shall prevail in cases of discrepancies in interpretation.

**1. START DATES:**

- 1.1. The start date (i.e. training camps or any full team activity) for AUS women's volleyball is the Friday of the Labour Day weekend. (For 2017-18: Friday, September 1)

*(Amended January 2017)*

Note: Prior to the start date, any practice or sport session organized by a members' head coach, or designate(s) where the number of student-athletes participating exceeds the maximum amount outlined in section 1.5 below would be considered a violation.

- 1.2. Institutions may not pay for room and/or board for any student-athletes prior to the start date. Prior to that date, all costs must be the responsibility of the student-athlete.
- 1.3. If a member university violates the start date regulations, that university shall forfeit the right to participate in the Atlantic University Sport playoffs in that sport.  
*(Amended May 1999)*

## 2. OUT OF SEASON PRACTICES:

2.1. Team practices\* are not permitted from May 1st until the approved start date inclusive.

\* Definition of Practice:

A practice is defined as a sport session organized by a members' head coach, one of his/her assistants, or a designate(s) of the head or assistant coach.

Note: A coach is any person who is directly associated with the university or someone acting for the university (including alumni and volunteers) who works with a player in a situation where he/she is instructing fundamentals, techniques, or systems.

2.2. If student-athletes are on campus following the last day of exams at their respective institution and prior to the approved start date, coaches or designates are permitted participate in organized individual technical development sessions with student-athletes as follows:

2.2.1 In women's volleyball, any such sessions are restricted to a maximum of **six (6)** athletes to train per session.

2.2.2 There are no restrictions on athlete-only scrimmages with no technical instruction from a coach. Coaches are permitted to attend, but not interact in an instructional manner.

2.2.3 Athletes are permitted to continue physical / dryland training (i.e. weight room & conditioning programs) under the direction of a coach for safety reasons.

**(Amended January 2017)**

3. SCHEDULING:

3.1. Exhibition Competition

- 3.1.1. The first day of exhibition competition for women's volleyball is fourteen (14) days following the start date. (For 2017-18: Friday, September 15)  
*(Amended January 2017)*

3.2. Regular Season / League Play

- 3.2.1. The first day of league competition for women's volleyball is October 1.
- 3.2.2. Where possible, no regular season games should be scheduled on the first weekend of January.

4. DRESS ROSTERS, TEAM BENCH COMPLEMENT AND WARM-UPS:

- 4.1. The home and away game-day dress roster for regular season and playoff games is a maximum of fourteen (14) players. *(Amended May 2010)*
- 4.2. A team can have a maximum of 22 people in the bench area including athletes, coaches and support staff.  
Note: Any team member above the 22 is considered a spectator and must sit in the stands.
- 4.3. The maximum number of players permitted to participate in a team's pre-game warm-up is the maximum number of players allowed to dress for the game that day.

5. FORFEITED MATCHES

- 5.1. All forfeited matches shall be recorded as 3-0 with individual game scores of (25-0, 25-0, 25-0)
- 5.2. All statistics from a competition that has been completed and forfeited shall count and shall be reflected in all records (with the exception of any athlete deemed to be ineligible).
- 5.3. For all forfeitures, the teams' win, loss, tied records shall include the forfeit if applicable.

## 6. FACILITY AND EQUIPMENT

### 6.1. Playing Area

- Courts shall comply with minimum specifications as outlined in the current FIVB Rule Book.
- The “coaches restriction line” as outlined in the FIVB rule book will not be used.
- When the court lines (boundary as well as internal) are not readily visible, the host institution must highlight these lines by either:
  - i. Highlighting the line itself by some means such as tape, etc.;
  - or
  - ii. Highlighting by extending the width of the line into the court or by painting a four-inch border in a contrasting color inside the court itself.
- When the court is highlighted, the highlight lines must not be added on the outside of the volleyball court.
- Rule 21.3.2.1 of the FIVB rulebook (penalty box) shall be removed.

### 6.2. Net and Posts

- Nets and posts shall comply with minimum specifications as outlined in the current FIVB Rule Book.
- Official nets in accordance with the FIVB Rule Book shall be used for the championship. Advertising is permitted on the playing volleyball net. Sizing to be confirmed by the SPORTS Women's Volleyball Coaches Technical Committee.

## 7. BALLS

- 7.1. The official ball for all Atlantic University Sport women's volleyball exhibition, regular season and playoff competition shall be the official ball of the U SPORTS championship.
- 7.2. The home team is to provide twelve (12) balls and a ball cart for the visiting team. Where possible, they should be the current official volleyball of U SPORTS.
- 7.3. Host teams should always have four (4) game balls (3 for match circulation and 1 as a spare) available for all matches.
- 7.4. The three-ball system is to be used in all matches.
  - The home team is responsible for providing a minimum of three ball retrievers for each match.
  - These ball retrievers must be trained in the 3-ball system.

## 8. OFFICIALS

- 8.1. AUS supports the concept of gender equity in the officiating of volleyball.
- 8.2. The Regional Officials Chair (ROC) in each province will be responsible for assignment of match officials for AUS exhibition, league and playoff competition, in accordance with the above AUS minimum standards for officials.
- 8.3. The minimum officials standards for AUS women's volleyball competition are as follows:
- Referee – Level III (Regional) or Level IV (National)
  - Umpire – Level III (Regional)
  - Lines – Level I (Local)
  - Scorekeeper – Level I (Local)

Note: For the AUS championship, the four (4) officials assigned to any match must all be Level IV officials.

A maximum of 50% (2 of 4) of the officials assigned to the AUS championship shall come from the host province. The host region/provincial assignor determines how the other 50% is filled (from which regions).

*(Amended May 2013)*

- 8.4. Where possible, no official under the age of nineteen (19) may be allowed to officiate AUS exhibition, regular season or playoff games.
- 8.5. When major or minor officials are used who do not meet the above minimum standards for officials, the following action should be taken:
- i. The visiting coach notifies the sport chair of the situation.
  - ii. The sport chair will contact the host institution as well as the Regional Officials Chair (ROC) of that province to address the issue.

## 9. PARTICIPANTS

### 9.1. Location of teams & staff

- Coaches and team members may cheer, applaud and speak to their teammates while sitting on the bench or from the warm up area.
- The head coach can sit anywhere on the bench but all time-outs and substitutions are to be requested by the coach from the normal position at the end of the bench (closest to the score table) as per the FIVB Rule Book.

### 9.2. Uniforms

- Teams must be compliant with FIVB regulations regarding specifications for uniforms, at a time consistent with U SPORTS enforcement of the new standards.
- Uniform numbers will be from 1 to 20.
- The location of the numbers in the center front of the jersey is not required
- It is not mandatory to have the bar under the number of the captain's jersey.

## 10. INTERRUPTIONS AND DELAYS

### 10.1. Time-Outs

- There will be in sets 1 to 4 an automatic 60-second technical time-out when the first team reaches 16 points. Each coach will have two (2) other discretionary 30-second time outs to be utilized at any time.  
(Amended June 2011)
- In set 5 there are no technical time-outs, only two 30-second discretionary time-outs per team.
- The length of a time-out shall be 60 seconds (the horn will sound at 60 seconds for technical time-out).
- During time-outs, players will go to the bench area, and all members of the team may participate in the time-out discussion.
- During time-outs athletes are allowed to warm-up with balls provided that they are not on the volleyball court.

### 10.2. Floor Wiping

- Floor wipers should be used when available.
- External towels should be used when they are available, and under the discretion of the officials.
- The officials will wait until this action is satisfactorily completed and players have returned to their positions before resuming play.

### 10.3. Intervals Between Sets

- The time between all games shall be three (3) minutes.
- Between games 2 and 3, the host institution may use a maximum of 5 minutes promotional time. If this time is to be used, the details must be given to the coaches prior to the start of the match.
- At the discretion of the coaches, teams may leave the gymnasium between the 2<sup>nd</sup> and 3<sup>rd</sup> set.
- There is to be no entertainment on the court between the 4<sup>th</sup> and 5<sup>th</sup> set.



- During the break between the 4<sup>th</sup> and 5<sup>th</sup> set, teams who chose to use the net for hitting must hit towards the side of the court they will occupy at the start in the 5<sup>th</sup> set.
- Should both teams choose to use this time for hitting, they must respect the opponents and conduct the hitting in a manner that does not cause interference with the opponent.
- The official visual score clock is to be used for time outs and between game periods.

#### 10.4. Blood Rule

- The international blood rule will be used with one (1) minute to eliminate blood/blood transfer (as per injury time-out).
- Should a uniform become unacceptable due to blood, the uniform must be replaced with an identical uniform or with an unused number or with a used number with the score sheet changed if necessary to reflect the new number at no penalty to the team involved.

## 11. THE LIBERO PLAYER

### 11.1. Changing the Libero Player

- 10.1.1 The libero rule (rule 8.5 of the FIVB rulebook) shall be modified to allow the libero to be changed for each set.
- 10.1.2 Coaches can declare 0, 1 or 2 Liberos and change their designation each set of the match.

### 11.2. Designation of the Libero

- 10.2.1 Each team has the right to designate from the list of players on the score sheet up to two specialist defensive players: Liberos.
- 10.2.2 The Libero(s) is to be recorded on the score sheet with the team roster, not on the special line. The number of Libero(s) is to be recorded on the line-up sheet for all sets.
- 10.2.3 The Libero on court is Acting Libero. If there is another Libero, she is the second Libero for the team.

Only one Libero may be on court at any time.

- 10.2.4 For U SPORTS competitions, the team captain cannot be one of the Liberos for the first set of the match. The Liberos cannot be either team captain or game captain at the same time as performing as a Libero.
  - a) If one of the Liberos is re-designated after set 1 or subsequent sets, the re-designated Libero may be the player who is listed on the score sheet as the team captain.
  - b) If the above re-designation occurs, the coach must appoint a new team captain. This is to be recorded in the remarks section of the score sheet.
  - c) At the conclusion of the match, the original team captain is to sign the score sheet.

### 11.3. Monitoring Libero Substitutions

10.3.1 Atlantic University Sport does not comply with FIVB's use of a separate official to record libero substitutions.

10.3.2 The line for the libero on the scoresheet should remain blank – players are recorded under the normal roster for the team.

## 12. PLAYING ACTIONS

### 12.1. Penetration Under the Net

- In the event of that the setter, in the act of moving away from the net to play the second contact, crosses the center line, no fault is called provided there is no interference on the play.

## 13. HOST RESPONSIBILITIES

### 13.1. Team Room

- Visiting teams will be provided with a team room or equivalent facility for changing and/or team meeting for each match.
- The team room must be available a minimum of 90 minutes prior to the match.

### 13.2. Therapist

- Each participating team will have adequate access to qualified host athletic therapy personnel or acceptable host facilities, which can accommodate athletic therapy staff from the participating teams.

### 13.3. Announcer

- An announcer is to be used at all Atlantic University Sport regular season and post-season matches. Content / Information for announcing will be at the discretion of the host.
- The host institution will take steps to ensure the announcer is informed of and adheres to the Atlantic University Sport Bilingualism Policy.
- The public address system shall be silent from the moment the referee blows the whistle to initiate the rally until the whistle is blown to end the rally.

### 13.4. Player of the Match

- A player of the match will be selected following each AUS regular season game for both teams, as selected by each team's head coach.
- The players of the match shall be announced following the game and recorded on the game sheet and/or statistical report.
- The SUBWAY Player of the Game shall be awarded to the true player of the game (from either team, winning or losing) who delivered the biggest impact on the game, shall be announced as the SUBWAY Player of the Game and referred to as such in any post-game recaps and recorded on the game sheet and/or statistical report.  
*(Amended May 2015)*

### 13.5. Scoring and Statistics

- Prestosports live stats entry software is to be used for all AUS women's volleyball games.
- The home team is responsible for training and assigning scorers and statisticians. The home team must arrange for a minimum of one (1) scorer and two (2) statisticians for each match.
- As a minimum, the official statistics sheet is to include the following general information:
  - i. Date, match start time, participating teams, final match score (including scores of each game) and attendance.
  - ii. Clearly printed first and last names of all dressed participants and corresponding jersey numbers.
- The host institution must forward results to Atlantic University Sport, the Sport Chair, the Atlantic University Sport women's volleyball schools, and media within thirty (30) minutes of completion of each match.
- The host will report results to the U SPORTS following the current reporting protocol.
- A copy of the official statistics sheet and the official score sheet will be provided to the visiting team within 15 minutes of match completion.
- In the event of a significant discrepancy in match statistics, the coach of the home team will review the match video tape and make a recommendation to the Atlantic University Sport statistics officer on appropriate adjustments after agreement on the changes by the two head coaches.
- Statistical definitions are those used by U SPORTS.

### 13.6. Video Recording / Sharing

- The home/host team is required digitally videotape all exhibition, regular season and post-season matches.
- The angle of the video must be taped from the end line as close to the center of the court providing full view of the court. *(Amended May 2011)*
- AUS women's volleyball schools must use the Vidswap system to upload/exchange video of their respective home games.  
*(Amended May 2016)*
  - i. Games must be uploaded by the home/host school as soon as possible following the completion of the game and no later than 12 hours after the game start time.
  - ii. Host schools that do not upload their game video within 12 hours after the start time of a game shall be fined \$100.00 by Atlantic University Sport. A second offence will result in a \$250 fine, third offence a \$500 fine, and a fourth offence will be referred to the AUS Executive Committee for further action.  
*(Amended May 2014)*

Note: Any head coach looking for a game which has not been uploaded within 12 hours after the start time of a game should report the infraction to the Sport Chair.
  - iii. The home team is not required to provide a digital copy to the visiting team following games.
- In the case of teams travelling with their own video equipment, the host will designate video camera locations that provide each team with the same opportunity to access the same camera angle.

### 14. COACHES MEETINGS

- The annual AUS Women's volleyball coaches meeting is to be held in the week following the AUS championship, at a time and site to be determined by the sport chair.
- Teleconferencing should be made available to any institutions if necessary.

### c. Awards

Atlantic University Sport Award Certificates will be awarded to the following:

- i. The AUS most valuable player.
- ii. The AUS rookie of the year. (*The Kristen Ryan Memorial Award*)  
(*Eligibility criteria as defined in the U SPORTS operations manual*).
- iii. The AUS coach of the year.
- iv. The AUS student-athlete community service award. (*The Erin Bursey Memorial Award*)  
(Nominee for the U SPORTS Thérèse Quigley Award - criteria as defined by U Sports).
- v. A first all-star team consisting of seven (7) players.  
(Seven players, including the Most Valuable Player)
- vi. A second all-star team consisting of seven (7) players.  
(Seven players)
- vii. An all-rookie team consisting of four (4) players, not by position, who are eligible for Rookie of the Year selection (3 players + Rookie of the Year).

#### Selection Process:

The AUS women's volleyball post-season award selection procedure is as follows:

- Sport chair calls for nominations to be submitted from all coaches by Noon on the Monday prior to the final weekend of regular season play.
- Sport chair distributes these nominations to all coaches by Noon on the Wednesday prior to the final weekend of regular season play.
- Coaches have until noon on Monday (to submit their vote sheet) following the final weekend of regular season play (Monday prior to the AUS Championships).
- Each coach has the option of nominating one player for:
  - AUS most valuable player (if applicable, not required);
  - AUS rookie of the year (if applicable, not required);
  - AUS student-athlete community service award (if applicable, not required).

**Note: An athlete may only win this award once.**  
**(Amended May 2017)**

- Each coach has the option of nominating:
  - a maximum of five AUS all-stars (which would include anyone they nominated for MVP, if applicable) and;
  - a maximum of three AUS rookies (if applicable, not required, would include anyone they nominated for rookie of the year).
- Coaches may list their all-star nominees in priority / ranked fashion, but must indicate this when submitting. (Note: When voting, coaches are not required to respect this order, it is for information purposes only.)  
(Amended May 2012)
- Coaches are not obligated to nominate players in every category.
- Each coach submits votes (excluding their own team's players) ranked 1<sup>st</sup>-to-2<sup>nd</sup> for:
  - AUS most valuable player;
  - AUS rookie of the year;
  - AUS student-athlete community service award;
  - AUS coach of the year.
- Each coach submits votes (excluding their own team's players) ranked 2<sup>nd</sup> -to-12<sup>th</sup> for AUS all-stars (excluding the one player they ranked for AUS most valuable player).  
(Amended May 2014)
- Each coach submits votes (excluding their own team's players) ranked 2<sup>nd</sup> -to-4<sup>th</sup> for AUS all-rookie team (excluding the one player they ranked for rookie of the year).  
(Amended May 2014)
- Sport chair tabulates votes using the same process, with the following exception:
  - The top vote (one of the top votes if several the same) and the bottom vote (one of the bottom votes if several the same) are eliminated.



Most Valuable Player:

The player who accumulates the most points will be the AUS Most Valuable Player and will automatically be placed on the first all-star team.

First Team All-Stars:

The six (6) players with the next highest point totals (i.e. 2-6) will be named to the first all-star team.

The top six (6) ranked players will be submitted for U SPORTS all-Canadian consideration. (Amended May 2014)

Second Team All-Stars:

The seven (7) players with the next highest point totals (i.e. 7-12) will be named to the second all-star team.

Rookie of the Year:

Coaches must vote for two (2) rookies of those nominated for rookie of the year, excluding their own.

The player who accumulates the most points will be the AUS rookie of the year and will automatically be placed on the all-rookie team.

All-Rookie Team:

Each coach submits votes (excluding their own team's players) ranked 2<sup>nd</sup> -to-4<sup>th</sup> for the AUS all-rookie team (excluding the one player they ranked for rookie of the year).

The three (3) players with the highest point totals in the all-rookie team voting (i.e. 2-4) will be named to the all-rookie team.

Student-Athlete Community Service Award:

Coaches must vote for two (2) of those nominated, excluding their own.

The AUS student-athlete and community service award recipient will be the player who accumulates the most points.

Note: An athlete may only win this award once.  
(Amended May 2017)

Coach of the Year:

Coaches must vote for any two (2) head coaches, excluding themselves.

The AUS coach of the year will be the coach who accumulates the most points.

Breaking Ties in voting:

The tie-breaking procedures for AUS women's volleyball post-season awards is as follows:

When two or more individuals are tied in voting for an individual women's volleyball award the tie will be broken by following the steps listed below in the order they are listed:

- The individual with the highest number of first place votes will be ranked higher,
- The individual who appears on the greatest number of ballots,
- The individual whose team finished higher in the Atlantic conference regular season standings.

Vote Sheets and Supporting Documentation:

- All vote sheets will be made available to coaches at the annual coaches meeting, with the exception of coach of the year voting.
- Note: The student-athlete community service award (Thérèse Quigley Award nominee) requires detailed supporting material as per criteria in the U SPORTS manual. This material is to be circulated to all head coaches, the AUS office and the sport chair.
- All coaches must be prepared to forward the required information (biographical, statistics, etc.) to the conference representative for each of their athletes who will be up for a U SPORTS award or all-Canadian recognition.

**Press Releases:**

- The Atlantic University Sport office will be responsible for releasing all information regarding conference AUS all-stars and major awards.
- The Sport Chair will forward the names of the all-stars and major award winners to the Atlantic University Sport office once all the voting has been tabulated.
- For all AUS student-athletes who are being nominated for a U SPORTS major award, U SPORTS all-Canadian recognition and/or a U SPORTS all-rookie team, the sport chair will communicate this within 3 days with the AUS office as well as the head coach, athletic director and sports information contact of the recipients.

Note: This information should include the upcoming process by which the U SPORTS awards will be determined, deadlines for submission to the U SPORTS /coaches reps as well as any related U Sports nomination forms that need to be completed.

**Trophy / Award**

Atlantic University Sport Championship  
 Most Valuable Player  
 Rookie of the Year  
 Coach of the Year  
 Student-Athlete & Community Service Award

**Name of Trophy / Award**

The M.W.I.A.A.U. Trophy  
 None  
 The Kristen Ryan Memorial Award  
 None  
 The Erin Burse Memorial Award

Note: All applications to create, name or re-name trophies for competition within Atlantic University Sport are subject to the AUS Trophy Policy as set out in the General Operating Procedures and final approval by the AUS management council.

**d. Game Protocol for Single Matches**

60 min. before match time	<ul style="list-style-type: none"> <li>• Clock is set to 60 minutes and started.</li> <li>• Court area in match configuration available to both teams.</li> <li>• Balls available for both teams as per regulations.</li> <li>• Team members may conduct warm-up activities or handle a ball in the opponent's court/free space (i.e. for serving and passing) from 60:00-45:00 minutes.</li> <li>• Once clock hits 45:00 minutes prior to match time both teams must warm-up only on their side of the court and free space.</li> </ul>
30 min. before match time	<ul style="list-style-type: none"> <li>• Coin toss.</li> </ul>
10 min. before match time	<ul style="list-style-type: none"> <li>• Serving team has entire court, full roster introduced.</li> </ul>
5 min. before match time	<ul style="list-style-type: none"> <li>• End of warm-up for serving team.</li> <li>• Receiving team has entire court, full roster introduced.</li> </ul>
Match start time	<ul style="list-style-type: none"> <li>• End of warm-up for receiving team.</li> <li>• Players change into match jerseys and will stand by their benches.</li> <li>• National anthem played.</li> <li>• Announcement of officials.</li> <li>• Announcements of visiting team starters.</li> <li>• Announcements of home team starters.</li> <li>• Head official whistles to begin match.</li> </ul>
Between 4 <sup>th</sup> & 5 <sup>th</sup> sets	<ul style="list-style-type: none"> <li>• Teams choosing to use the net for hitting must hit towards the side of the court they will occupy at the start in the 5th set.</li> <li>• Should both teams choose to use this time for hitting, they must respect the opponents and conduct the hitting in a manner that does not cause interference with the opponent.</li> </ul>
End of match	<ul style="list-style-type: none"> <li>• Teams shake hands.</li> <li>• Following handshakes, both teams line-up on respective end line for announcement of the Player(s) of the Match.</li> </ul>
Within 15 min. of completion of the match	<ul style="list-style-type: none"> <li>• Home team uploads game film to Vidswap and provides visiting team with copies of score sheet and stats sheets.</li> </ul>
Within 30 min. of completion of the match	<ul style="list-style-type: none"> <li>• Game statistics forwarded to AUS office, Sport Chair, each women's volleyball institution and media.</li> <li>• End of game time and attendance to be recorded on game score sheet.</li> <li>• Official roster form forwarded to AUS office and Sport Chair.</li> <li>▪ Report score to U SPORTS.</li> </ul>

### e. **Game Protocol for Double-header Matches**

Should two matches be scheduled for back-to-back time slots, as in play-offs or a double header involving a men's and women's match the following protocol will apply for the second match.

30 min. before match time	<ul style="list-style-type: none"> <li>Coin toss. To take place 30 minutes prior to scheduled match time away from the court.</li> <li>If the same officials are doing both matches then the coin toss will take place as soon as possible following completion of match #1. In this case the coin toss will be completed before the officials check the net.</li> <li>Clock is set to 30 minutes and started. Clock is not to start until the bench area is clear <u>and</u> the net has been adjusted if a height change is required.</li> </ul>
10 min. before match time	<ul style="list-style-type: none"> <li>Serving team has entire court, roster introduced.</li> </ul>
5 min. before match time	<ul style="list-style-type: none"> <li>End of warm-up for serving team.</li> <li>Receiving team has entire court, roster introduced.</li> </ul>
Match start time	<ul style="list-style-type: none"> <li>End of warm-up for receiving team.</li> <li>Players change into match jerseys and will stand by their benches.</li> <li>National anthem played. (Optional – once per double header is sufficient)</li> <li>Announcement of officials.</li> <li>Announcements of visiting team starters.</li> <li>Announcements of home team starters.</li> <li>Head official whistles to begin match.</li> </ul>
Between 4 <sup>th</sup> & 5 <sup>th</sup> sets	<ul style="list-style-type: none"> <li>Teams choosing to use the net for hitting must hit towards the side of the court they will occupy at the start in the 5th set.</li> <li>Should both teams choose to use this time for hitting, they must respect the opponents and conduct the hitting in a manner that does not cause interference with the opponent.</li> </ul>
End of match	<ul style="list-style-type: none"> <li>Teams shake hands.</li> <li>Following handshakes, both teams line-up on respective end line for announcement of the Player(s) of the Match.</li> </ul>
Within 15 min. of completion of the match	<ul style="list-style-type: none"> <li>Home team uploads game film to Vidswap and provides visiting team with copies of score sheet and stats sheets.</li> </ul>
Within 30 min. of completion of the match	<ul style="list-style-type: none"> <li>Game statistics forwarded to AUS office, Sport Chair, each women's volleyball institution and media.</li> <li>End of game time and attendance to be recorded on game score sheet.</li> <li>Official roster form forwarded to AUS office and Sport Chair.</li> <li>Report score to U SPORTS.</li> </ul>

**f. Atlantic University Sport Championship - Hosting Guidelines**

The Playing Rules and Regulations for Atlantic University Sport Women's Volleyball Championship shall be identical to those in the regular season, unless specified in the following rules.

**A. TEAM COMPOSITION**

**A.1 ROSTERS**

- Team roster shall be comprised of any 14 players (eligible under U SPORTS rules) who have competed in at least one Atlantic University Sport regular season match for their respective university.
- The initial team roster for the tournament can change as long as all the players meet the above criteria.

**A.2 SUPPORT STAFF**

- The size of support staff is left to the discretion of the coach.

**B. SCHEDULE / ORDER OF EVENTS**

The Host will be responsible for organizing / facilitating the following events to occur within the given timeframes:

<u><b>Friday/Saturday Option:</b></u>	<u><b>Saturday/Sunday Option:</b></u>
<p><u>Thursday</u></p> <ul style="list-style-type: none"> <li>- 6:00pm: Banquet</li> </ul>	<p><u>Friday</u></p> <ul style="list-style-type: none"> <li>- 6:00pm: Banquet</li> </ul>
<p><u>Friday</u></p> <p><i>Practices / Training:</i></p> <ul style="list-style-type: none"> <li>- 9:00am - 10:00am: Highest Seed (Semi 1)</li> <li>- 10:00am - 11:00am: Lowest Seed (Semi 1)</li> <li>- 11:00am - 12:00pm: Highest Seed (Semi 2)</li> <li>- 12:00pm - 1:00pm: Lowest Seed (Semi 2)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 4:30pm: Semi Final Match #1*</li> <li>- 7:00pm: Semi Final Match #2*</li> </ul> <p><i>*Host has choice of match time</i></p>	<p><u>Saturday</u></p> <p><i>Practices / Training</i></p> <ul style="list-style-type: none"> <li>- 9:00am - 10:00am: Highest Seed (Semi 1)</li> <li>- 10:00am - 11:00am: Lowest Seed (Semi 1)</li> <li>- 11:00am - 12:00pm: Highest Seed (Semi 2)</li> <li>- 12:00pm - 1:00pm: Lowest Seed (Semi 2)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 4:30pm: Semi Final Match #1*</li> <li>- 7:00pm: Semi Final Match #2*</li> </ul> <p><i>*Host has choice of match time</i></p>
<p><u>Saturday</u></p> <p><i>Practices / Training</i></p> <ul style="list-style-type: none"> <li>- 9:00am - 10:00am: Losing Team (Semi 1)</li> <li>- 10:00am - 11:00am: Losing Team (Semi 2)</li> <li>- 11:00am - 12:00pm: Highest Seed (Final)</li> </ul>	<p><u>Sunday</u></p> <p><i>Practices / Training</i></p> <ul style="list-style-type: none"> <li>- 8:00am - 8:45am: Losing Team (Semi 1)</li> <li>- 8:45am - 9:30am: Losing Team (Semi 2)</li> <li>- 9:30am - 10:15am: Highest Seed (Final)</li> </ul>

<ul style="list-style-type: none"> <li>- 12:00pm - 1:00pm: Lowest Seed (Final)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 4:30pm: 3rd Place Match</li> <li>- 7:00pm: Championship Match</li> </ul>	<ul style="list-style-type: none"> <li>- 10:15am - 11:00am: Lowest Seed (Final)</li> </ul> <p><i>Matches</i></p> <ul style="list-style-type: none"> <li>- 1:00pm: 3rd Place Match</li> <li>- 3:30pm: Championship Match</li> </ul>
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The order of events for each match will be consistent with the procedure as outlined in the AUS women's volleyball match protocol. Procedures for other events listed above are at the discretion of the Host.

## **C. COMPETITION**

### **C.1 TYPE OF EVENT AND EVENT ADMINISTRATION**

- The championship is a four (4) team, single elimination format.

### **C.2 PRACTICE TIMES**

- Practice times will be 45 or 60-minute blocks on the competition court.
- Access to the gym during practice times will be restricted to the appropriate tournament personnel and the participating team scheduled to practice at that time.
- The Host will provide at least twelve (12) official balls and a ball cart to be used during practice sessions.

### **C.3 WARM-UP**

- Match warm-up will be consistent with procedure as outlined in the Atlantic University Sport women's volleyball match protocol.

### **C.4 TIME-OUTS AND TIME BETWEEN SETS**

- The break between all sets will be three (3) minutes. However, the Host has the option of extending the break between sets 2 and 3, to five (5) minutes with justification provided both participating teams are notified prior to the start of the match.
- The Atlantic University Sport Women's Volleyball rules for time-outs will apply.

- During time-outs, players will go to the bench area, and all members of the team who are cleared to be on the bench may participate in the time-out discussion.
- Athletes participating in an ongoing match may warm up with balls between sets and during time-outs provided they are not on the volleyball court.

## **D. EQUIPMENT AND FACILITY**

### **D.1 BALL**

- The official ball for the AUS Women's Volleyball Championships will be the current Official Volleyball of the AUS. There will be four (4) new balls available at the beginning of the championship. These balls will be used for the duration of the championships. Any damaged balls will be replaced with an official ball that is acceptable to the participating teams.
- The three-ball system will be used for all matches.

### **D.2 GAME VIDEO**

- The Host will video all matches and provide a digital copy to each participating team immediately following each match in which they are featured.
- The Host will allow all participating teams access to a location for videotaping that provides each team with the same opportunity to access the same camera angle.

### **D.3 UNIFORMS**

- Uniform numbers will be from 1 to 20.
- All participating teams will have two (2) sets of uniforms of clearly contrasting colors which meet the minimum requirements as outlined in the FIVB Rule Book.
- For each match, the higher seed has choice of uniform color, and will inform the lower seed of same no later than one hour before the match.



#### D.4 FACILITY REQUIREMENTS

- An announcer shall be used for all matches. Content / Information for announcing will be at the discretion of the Host.
- Courts, nets, and standards will comply with minimum specifications as outlined in the current FIVB Rule Book.
- Advertising is permitted on the volleyball net under guidelines to be established by the Women's Volleyball Coaches Association Technical Committee.
- When the court lines (boundary as well as internal) are not readily visible, the Host institution will highlight them without changing the external dimensions of the court. The width of the line may be extended into the court up to 10cm.
- The public address system will be silent from the moment the referee blows the whistle to initiate the rally until the whistle is blown to end the rally.
- Each participating team will be provided with a team room or equivalent facility for changing and/or team meeting for each match.
- Each participating team will have adequate access to qualified Host athletic therapy personnel or acceptable Host facilities that can accommodate athletic therapy staff from the participating teams.

#### E. RULES AND PROTESTS

##### E.1 RULES

- The FIVB Rule Book for the current year shall be adopted as the basis for the Atlantic University Sport Women's Volleyball Championship taking into consideration the Canadian Interuniversity Sport amendments, with the following exception:
- The head coach may sit anywhere on the bench but all time-outs and substitutions will be requested by the coach from the normal position at the end of the bench as described in the FIVB Rule Book.
- The English version of the FIVB Rule Book shall prevail in cases of discrepancies in interpretation.

- All clothing soiled with blood must be replaced or neutralized/sterilized, in the time allotted in the FIVB Rule Book.

## E.2 PROTESTS

- Protests must be handled as per FIVB Rule Book, which states:

*A captain may legally protest only AN ERROR IN APPLYING A RULE OR RULE INTERPRETATION. The captain will lodge the protest immediately and the referee will direct a written record on the score sheet or a paper to be attached to the score sheet. This record includes game number, score, ball possession and player position on the floor at the time of the protested decision; and the reason for the protest. Once this record is made, the same referee administers the balance of the match. The protest is then referred to the Championship Management Committee for acceptance or refusal. Refusal means the set or match result stands as played. Acceptance involves replaying the event in whole or in part, depending on the judgment.*

## **F. COACHES MEETING**

- F.1 If necessary, the annual Atlantic University Sport Women's Volleyball Coaches meeting may be held at the conference championship, normally prior to the awards luncheon. Host is to have an adequate location available for a minimum of three (3) hours. The sport chair must notify the host if such meeting will be taking place, a minimum of three weeks in advance of the championship.

Otherwise, the women's volleyball coaches annual meeting shall be held on the Wednesday or Thursday following the Atlantic University Sport championship at a central location, booked well in advance of the championship by the Sport Chair. Location should have conference call option available should Memorial not be able to attend.

## **G. OFFICIALS**

### **G.1 QUALIFICATIONS**

- Refer to the AUS women's volleyball playing regulations, under "OFFICIALS", for minimum official standards and assignment of officials for playoffs.
- The Atlantic University Sport women's volleyball coaches endorse the concept of involving the top officials from any or all of the competing provinces (that have regularly officiated conference matches throughout the season) in the Atlantic University Sport Championship.
- No official under the age of nineteen (19) may be allowed to officiate AUS exhibition, regular season or playoff games.
- The Host may request a travel subsidy from Atlantic University Sport to offset costs of bringing in officials from other regions, in an attempt to encourage the use of the highest quality officials available.
- Where possible, officials of at least provincial level will be used for score-keeping on each match, and will be assigned by the host regional assignor.

### **G.2 HOST RESPONSIBILITIES**

- The Host will train and assign statisticians and ball shaggers. There will be a minimum of two statisticians and three ball shaggers per match.

## H. AWARDS

### H.1 ATLANTIC UNIVERSITY SPORT BANNER AND TROPHY

- The Atlantic University Sport women's volleyball championship banner and trophy will be presented to the championship team.

### H.2 ATLANTIC UNIVERSITY SPORT AWARDS BANQUET / RECEPTION

- League award recipients will receive their awards during an awards banquet / reception organized by the Host.
- The banquet / reception is to be completed prior to the first match of the championship (Thursday dinner, Friday Brunch or lunch), and all participating teams must attend.
- The championship program is to include regular season statistical leaders for each category and the statistical leader in each category is to be recognized at the awards banquet.
- The form in which the awards will be presented to recipients will be at the discretion of the Host.
- Event organizers may request particular types of information from member institutions for event production purposes (e.g., photos or video footage). Event organizers will indicate the type and quantity of material required with reasonably sufficient notice for member institutions to compile it.

### H.3 TOURNAMENT ALL-STARS, MVP, & PLAYERS OF THE MATCH

- The awards selection committee will select two (2) players of the match (one from each team) to be awarded upon completion of each match.
- The committee will also select five (5) all-stars and one (1) most valuable player for the tournament, to be awarded upon completion of the championship game.

## **I. COMMITTEES**

### **I.1 CHAMPIONSHIP MANAGEMENT COMMITTEE**

- Refer to section (b) of the AUS women's volleyball playing regulations for the terms of reference of this committee.

### **I.2 HOST ORGANIZING COMMITTEE**

- A Host Organizing Committee will be established by the Host to perform all necessary functions to host the championship tournament. The composition of the committee is at the discretion of the Host.

### **I.3 AWARDS SELECTION COMMITTEE**

- An Awards Selection Committee will be established by the Host Organizing Committee, and be comprised of at least three (3) members who are not directly involved with any participating team.
- This committee will select players of the match, tournament all-stars and the tournament MVP, and will defer to the Atlantic University Sport Women's Volleyball Chair (or Designate) for issues of protocol or when guidance is otherwise required.