

## VNB Coaching Pathway

\*\*Everyone starts fresh as a 1st year coach in the 2017-2018 season in regards to this pathway.  
 \*\*Coaches moving from 14/15/16U to 17/18U are considered a first year coach in that age group.  
 \*\*Coaches moving from 17/18U to 14/15/16U are considered a second year coach in that age group.

Head Coaches of 14U, 15U, 16U Teams			
Appearance	Requirements	Cost	Fine
1st year coaching at a Provincial Championship in this age group beginning in the 2017-2018 season.	Volleyball eLearning Making Ethical Decisions Online Evaluation Making Headway	\$89	\$100
2nd year coaching at a Provincial Championship in this age group beginning in the 2017-2018 season.	All items above Development Coach workshop or Technical 1	\$125	\$350
3rd year coaching at a Provincial Championship in this age group beginning in the 2017-2018 season.	All items above Multi Sport Modules: Planning a Practice, Nutrition or Theory Development Coach Evaluation or Practical 1	\$57	May not Participate

Head Coaches of 17U, 18U Teams			
Appearance	Requirements	Cost	Fine
1st year coaching at a Provincial Championship in this age group beginning in the 2017-2018 season.	Volleyball eLearning Making Ethical Decisions Making Headway Development Coach Workshop or Technical 1	\$214	\$250
2nd year coaching at a Provincial Championship in this age group beginning in the 2017-2018 season.	All items above Multi Sport Modules: Planning a Practice, Nutrition Advanced Development Workshop (\$175) or Technical 2	\$232	\$350
3rd year coaching at a Provincial Championship in this age group beginning in the 2017-2018 season.	All items above Multi Sport Modules: Design a basic sports program, Basic mental skills or theory 2. Advanced Development Coach Evaluation or Practical 2	\$73	May not Participate

\*Fines are applicable if ONE or more components are missing.

\*eLearning, Making Headway, Making Ethical Decisions can be found at: <https://volleyball.ca/en/development/coach/pathways>

\*Planning A Practice, Nutrition, Design A Basic Sports Program, Basic Mental Skills can be found at: [CoachNB.ca](http://CoachNB.ca)

\*Sign up for Development/Advanced Development coach workshops through [coach.volleyball.ca](http://coach.volleyball.ca) after completing eLearning Modules

**\*\*Assistant coaches must have Making Head Way and Making Ethical Decisions, if they are to replace the head coach for a game/tournament**

### Volleyball eLearning

Volleyball Canada recently revised all NCCP courses to align with the Coaching Association of Canada's change in paradigm from the old "Levels" system to a "Competency-Based" system. Over 10 years have passed since the latest revision and several advancements in coach education have taken place during this time. For example, in VC's old Level 1 manual it recommends coaches can break up the skill into its component parts, then put the two together. The latest research has demonstrated this method is not nearly as effective as developing athletes using the whole skill. In addition, VC has developed a coaching methodology that aligns with the athlete's stage of skill development. New terms were introduced (Method 1,2,3 and Simulated Play) which describe the type of drill recommended for each stage. Experienced coaches would benefit from understanding these new terms from a best practice perspective but also in order to support the evaluation of new coaches.

### Making Ethical Decisions

The Coaching Association of Canada (CAC) made this 60-minute online evaluation mandatory for all coaches of all sports within the next 5 years. Volleyball Canada then added this evaluation to the existing policy as it will be required anyway. The media is currently full of negative examples of coaches making unethical decisions and VC is committed to athlete safety.

### Making Head Way

Athlete safety. Coaches who were previously certified in the old system were not required to complete any concussion education. Advancement in this field has expanded, and VC felt this module was critical to support the safety of athletes.