



## Memo: 2018-19 Indoor Rules & Policies Update

To: Provincial / Territorial Associations, Referees, Coaches, Athletes, Administrators

From: Volleyball Canada

Please review below the updates for the **2018-19 Indoor Volleyball** season. **Red** indicates new or revised wording.

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### 4.5 Forbidden Objects

4.5.3 **Volleyball Canada: Compression wear can be any single solid colour. The single solid colour does not need to be the same for each player.**

### 5.2 Coach

5.2.3.2 **sits on the team bench, but may leave it**

### 15.6 Limitation of Substitutions

15.6.1 **Limited Substitution** - A player of the starting line-up may leave the game, but only once in a set, and re-enter, but only once in a set, and only to his/her previous position in the line-up.

15.6.2 **Limited Substitution** - A substitute player may enter the game in the place of a player of the starting line-up, but only once per set, and he/she can only be substituted by the same starting player.

15.6.3 **Unlimited Substitution** - A player of the starting line-up may leave the game multiple times and re-enter and only to his/her previous position in the line-up.

15.6.4 **Unlimited Substitution** - A substitute player may enter the game multiple times in the place of a player of the starting line-up and he/she can only be substituted by the same starting player.

### 15.11 Improper Requests

15.11.1 It is improper to request any regular game interruption:

15.11.1.5 **by a coach that is not at the end of the bench nearest the scorer when sitting or from the extension of the attack line in the free zone when standing or walking.**

### 21.3 Sanction Scale

**Any direct unsportsmanlike communication or behaviour from team members on the bench towards the referees will automatically result in a Stage 2 misconduct warning, penalty, expulsion, or disqualification.**

### Age Class Variations

13U Volleyball

**No player specialization: Each rotation will have a different designated player assuming the role of setter. Before the beginning of the set the coach must note on the scoresheet which court position the setter will be in. This can be court position #1, #2 or #3. However, it is strongly recommended that court position #1 only be used for advanced 13U teams capable of adding this level of difficulty without reducing the number of rallies or pass, set, attack sequences.**