# WOMEN'S VOLLEYBALL

# a. Regular Season

#### League Format:

- One division of six (6) participating teams:
  - Acadia University
  - Dalhousie University
  - Memorial University
  - Saint Mary's University
  - Université de Moncton
  - University of New Brunswick
- Each AUS team plays a total 20 regular season matches versus AUS opponents.
  - All teams will play four matches against all teams in the league. The four matches will be home matches and/or away matches and matches played within a league tournament.
  - The host rotation of the league tournament is as follows:
    - 2016-17: Dalhousie/Saint Mary's (co-host)
    - 2017-18: Moncton
    - 2018-19: Acadia
    - 2019-20: UNB
    - 2020-21: No Season / Covid-19
    - 2021-22: Dalhousie
    - 2022-23: Memorial
- As of the 2023-24 season, there is no longer be a league tournament. All teams will play a balanced 20-game schedule. Teams will play four matches against all teams in the league (2 home & 2 away). (Amended December 2022)
- Each win = 2 points in the AUS standings.

# Tie-Breaking:

The tie-breaking procedure utilized by AUS for the sport of women's volleyball shall be:

If two or more teams are tied in the standings at the end of regular season league play, the following criteria will be applied, in order:

- i. The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher;
- ii. The team having the best ratio of won/lost sets, considering matches played between the tied teams, will be ranked higher;
- iii. The team having the best ratio of won/lost sets, considering all league matches, will be ranked higher;
- iv. The team having the best ratio of points for/against, considering sets played between the tied teams, will be ranked higher
- v. The team having the best ratio of points for/against, considering all sets played during league play, will be ranked higher
- vi. As determined by the Sport Chair (e.g., extra game, toss of coin, etc.).

When applying this rule to break a tie, the following sequence should be followed:

- i. When two teams are tied, the tie-breaking criteria are applied one after the other until the tie has been broken.
- ii. When three or more teams are tied, the tie-breaking criteria are applied one after the other until all the tied teams have been ranked.

<u>Note</u>: This means that if there is a tie among teams X, Y, and Z and criteria b) is able to determine X as first, Y as second and Z as third, then no further criteria are to be used. The tie is broken.

However, if criteria b) determines X as first and there is still a tie between Y and Z, then the ranking of the remaining teams will be determined by proceeding to criteria c) and so on, if necessary. Do not start at a) again. Continue through the sequence of criteria.

# b. Playoff / Championship Format

The Atlantic University Sport championship / playoff events are Atlantic University Sport events managed by host universities or Atlantic University Sport, and the host of the championship / playoff events is to comply with Atlantic University Sport policies.

## Format and Schedule:

- The top four (4) teams by points in the standings following regular season play advance to the Atlantic University Sport playoffs.
- The semifinals and finals will consist of a best 2-of-3 series as follows:
  - When Memorial <u>qualifies</u> for a particular playoff round (semi-final round or final round):
    - i. Semi-finals: Highest seed to host all matches in both semi-final series.
    - ii. Final: Highest seed to host all matches in final series.
    - iii. Playoff Window: 4 Days (Thursday-Sunday), matches must be on consecutive days if overnight travel is involved.
  - When Memorial <u>does not qualify</u> for a particular playoff round (semi-final round or final round):
    - Semi-final: Matches are hosted 1-1-1 (Highest-Lowest-Highest) in both semi-final series.
    - Final: Matches are hosted 1-1-1 (Highest-Lowest-Highest) in final series.

iii. Playoff Window: 5 Days (Wednesday-Friday-Sunday). (Amended June 2023)

# Officials:

• For all AUS women's volleyball playoff matches, the two (2) officials (R1 & R2) assigned to any match must all be Level IV or above officials.

# Players of the match:

- A player of the game will be selected following <u>each</u> AUS playoff match for both teams. The players of the game shall be announced using the public address system, referred to as such in any post-game recaps and recorded on the game sheet and/or statistical report.
- After every match of the AUS playoffs, both teams (winning and losing) shall remain on the playing surface for the presentation of the player of the game awards.

# AUS Playoff Most Valuable Player:

- The **AUS playoff most valuable player** will be selected following the final match of the championship series.
- The AUS playoff most valuable player shall be presented with an AUS-branded plaque, provided by the AUS office.
- The awards shall be presented at the conclusion of the final AUS championship match and prior to the presentation of the AUS championship banner and trophy.

#### AUS banner and trophy presentations:

 Following the deciding AUS championship match, both teams (winning and losing) shall remain on the playing surface for the presentation of the player of the game awards, championship playoff most valuable player award and championship banner & trophy.

<u>Note</u>: The winning team's head coach shall be mindful of prolonged celebration immediately following the game, and will ensure their team lines up accordingly in a timely fashion for the post-game protocol.

#### Security:

- a. There should be a sufficient number of security personnel (Student Police, Campus Security, City Police) to control the anticipated number of spectators.
- b. Security personnel should be instructed to observe the spectators and their actions and not the game.
- c. Inebriated spectators should be watched closely and removed if they are disruptive to the game or other spectators.
- Positive fan support should be encouraged and supported. Inappropriate fan reaction such as obscene gestures and abusive language should not be tolerated.
   Persons engaging in these actions should be given one warning and removed the second time.

#### Team Benches:

- a. The visiting team bench (and home team bench) should be separated from the spectator area and will be protected.
- b. Security personnel should be assigned specifically to the team bench areas as required to control spectator interference.

#### c. Playing Rules & Regulations

The following rules are applicable to all exhibition, league and playoff competition unless otherwise indicated.

The playing rules and regulations for Atlantic University Sport women's volleyball competition shall be identical to those contained in the U SPORTS Operations Manual, unless specified in the following rules.

The FIVB Rule Book for the current year shall be adopted as the basis for the Atlantic University Sport women's volleyball exhibition, league and playoff competition in that year, taking into consideration the U SPORTS amendments.

The English translation of the FIVB Rule Book shall prevail in cases of discrepancies in interpretation.

#### 1. OUT OF SEASON PRACTICES:

1.1. If student-athletes are on campus following the last day of exams at their respective institution and prior to the approved start date, coaches or designates are permitted participate in organized individual technical development sessions with student-athletes.

Athletes are permitted to continue physical / dryland training (i.e. weight room & conditioning programs) under the direction of a coach for safety reasons.

<u>Note</u>: The intent of this regulation isn't to require or mandate student-athletes to stay and have team practices during this time. This provides an opportunity for student-athletes who are local during the summer to take part in practices with coaching leadership without a limit on how many athletes are within the field of play.

(Amended December 2021)

# 2. SCHEDULING:

- 2.1. Exhibition Competition
  - 2.1.1. The first day of <u>exhibition</u> competition for women's volleyball is fourteen (14) days following Friday of Labour Day weekend. (For 2023-24: Friday, September 15) (Amended January 2017)
- 2.2. Regular Season / League Play
  - 2.2.1. The first day of <u>league</u> competition for women's volleyball is October 1.
  - 2.2.2. Where possible, no regular season games should be scheduled on the first weekend of January.
- 3. DRESS ROSTERS, TEAM BENCH COMPLEMENT AND WARM-UPS:
  - 3.1. The home and away game-day dress roster for regular season and playoff games is a maximum of fourteen (14) players. (*Amended May 2010*)
  - 3.2. A team can have a maximum of 22 people in the bench area including athletes, coaches and support staff.
    <u>Note</u>: Any team member above the 22 is considered a spectator and must sit in the stands.
  - 3.3. The maximum number of players permitted to participate in a team's pre-game warm-up is the maximum number of players allowed to dress for the game that day.

#### 4. FORFEITED MATCHES

- 4.1. All forfeited matches shall be recorded as 3-0 with individual game scores of (25-0, 25-0, 25-0)
- 4.2. All statistics from a competition that has been completed and forfeited shall count and shall be reflected in all records (with the exception of any athlete deemed to be ineligible).
- 4.3. For all forfeitures, the teams' win, loss, tied records shall include the forfeit if applicable.

#### 5. FACILITY AND EQUIPMENT

#### 5.1. Playing Area

- Courts shall comply with minimum specifications as outlined in the current FIVB Rule Book.
- The "coaches restriction line" as outlined in the FIVB rule book will not be used.
- When the court lines (boundary as well as internal) are not readily visible, the host institution must highlight these lines by either:
  - i. Highlighting the line itself by some means such as tape, etc.;

or

- ii. Highlighting by extending the width of the line into the court or by painting a four-inch border in a contrasting color inside the court itself.
- When the court is highlighted, the highlight lines must not be added on the outside of the volleyball court.
- Rule 21.3.2.1 of the FIVB rulebook (penalty box) shall be removed.
- 5.2. Net and Posts
  - Nets and posts shall comply with minimum specifications as outlined in the current FIVB Rule Book.
  - Official nets in accordance with the FIVB Rule Book shall be used for the championship. Advertising is permitted on the playing volleyball net. Sizing to be confirmed by the SPORTS Women's Volleyball Coaches Technical Committee.

#### 6. BALLS

- 6.1. The official ball for all Atlantic University Sport women's volleyball exhibition, regular season and playoff competition shall be the official ball of the U SPORTS championship.
- 6.2. The home team is to provide twelve (12) balls and a ball cart for the visiting team. Where possible, they should be the current official volleyball of U SPORTS.
- 6.3. Host teams should always have four (4) game balls (3 for match circulation and 1 as a spare) available for all matches.
- 6.4. The three-ball system is to be used in all matches.
  - The home team is responsible for providing a minimum of three ball retrievers for each match.
  - These ball retrievers must be trained in the 3-ball system.

#### 7. OFFICIALS

- 7.1. AUS supports the concept of gender equity in the officiating of volleyball.
- 7.2. The Regional Officials Chair (ROC) in each province will be responsible for assignment of match officials for AUS exhibition, league and playoff competition, in accordance with the AUS minimum standards for officials.
- 7.3. The minimum officials standards for AUS women's volleyball competition are as follows:
  - R1 Level III (Regional) or Level IV (National)
  - R2 Level III (Regional)
  - Lines Level II (Local)
  - Scorekeeper Level I (Local)

(Amended May 2018)

<u>Note</u>: For the AUS women's volleyball playoffs, the two (2) officials (R1 & R2) assigned to any match must all be Level IV or above officials.

- 7.4. Where possible, no official under the age of nineteen (19) may be allowed to officiate AUS exhibition, regular season or playoff matches.
- 7.5. When major or minor officials are used who do not meet the AUS minimum standards for officials, the following action should be taken:
  - i. The visiting coach notifies the sport chair of the situation.
  - ii. The sport chair will contact the host institution as well as the Regional Officials Chair (ROC) of that province to address the issue.

#### 8. RULES

- 8.1. AUS will not utilize the coach's restriction line.
- 8.2. Assistant Coaches will be allowed to move freely on the bench, including the warmup zone. Only one assistant coach may stand at a time, with the caveat that the standing assistant coach return to the bench in a timely manner, and not remain in the free zone.
- 8.3. AUS plays with an 8-limited substitution rule, while officials use a fast sub protocol.
- 8.4. The head coach can sit anywhere on the bench but all time-outs and substitutions are to be requested by the coach from the normal position at the end of the bench (closest to the score table) as per the FIVB Rule Book.
- 8.5. Coaches and team members may cheer, applaud and speak to their teammates while sitting on the bench or from the warm up area.
- 8.6. Uniforms
  - Teams must be compliant with FIVB regulations regarding specifications for uniforms, at a time consistent with U SPORTS enforcement of the new standards.
  - Uniform numbers will be from 1 to 20.
  - The location of the numbers in the center front of the jersey is not required
  - It is not mandatory to have the bar under the number of the captain's jersey.

#### 9. INTERRUPTIONS AND DELAYS

#### 9.1. Time-Outs

- Effective 2022-2023, there are <u>no longer</u> automatic 60-second technical time-outs.
- Each coach will have two (2) discretionary 60-second time outs per set.
- During time-outs, players will go to the bench area, and all members of the team may participate in the time-out discussion.
- During time-outs athletes are allowed to warm-up with balls provided that they are not on the volleyball court.
- Players can return to the court during the time out, if the court is clear.
- 9.2. Floor Wiping
  - Floor wipers should be used when available.
  - External towels should be used when they are available, and under the discretion of the officials.
  - The officials will wait until this action is satisfactorily completed and players have returned to their positions before resuming play.
- 9.3. Intervals Between Sets
  - The time between all games shall be three (3) minutes.
  - Between games 2 and 3, the host institution may use a maximum of 5 minutes promotional time. If this time is to be used, the details must be given to the coaches prior to the start of the match.
  - At the discretion of the coaches, teams may leave the gymnasium between the 2<sup>nd</sup> and 3<sup>rd</sup> set.
  - There is to be no entertainment on the court between the 4<sup>th</sup> and 5<sup>th</sup> set.
  - During the break between the 4<sup>th</sup> and 5<sup>th</sup> set, teams who chose to use the net for hitting must hit towards the side of the court they will occupy at the start in the 5<sup>th</sup> set.

- Should both teams choose to use this time for hitting, they must respect the opponents and conduct the hitting in a manner that does not cause interference with the opponent.
- The official visual score clock is to be used for time outs and between game periods.
- 9.4. Blood Rule
  - The international blood rule will be used with one (1) minute to eliminate blood/blood transfer (as per injury time-out).
  - Should a uniform become unacceptable due to blood, the uniform must be replaced with an identical uniform or with an unused number or with a used number with the score sheet changed if necessary to reflect the new number at no penalty to the team involved.

#### **10. THE LIBERO PLAYER**

- 10.1. Changing the Libero Player
  - 11.1.1 The libero rule (rule 8.5 of the FIVB rulebook) shall be modified to allow the libero to be changed for each set.
  - 11.1.2 Coaches can declare 0, 1 or 2 Liberos and change their designation each set of the match.
- 10.2. Designation of the Libero
  - 11.2.1 Each team has the right to designate from the list of players on the score sheet up to two specialist defensive players: Liberos.
  - 11.2.2 The Libero(s) is to be recorded on the score sheet with the team roster, not on the special line. The number of Libero(s) is to be recorded on the lineup sheet for all sets.
  - 11.2.3 The Libero on court is Acting Libero. If there is another Libero, she is the second Libero for the team.

Only one Libero may be on court at any time.

- 10.3. Monitoring Libero Substitutions
  - 11.3.1 Atlantic University Sport does not comply with FIVB's use of a separate official to record libero substitutions.
  - 11.3.2 The line for the libero on the scoresheet should remain blank players are recorded under the normal roster for the team.

#### 11. PLAYING ACTIONS

- 11.1. Penetration Under the Net
  - In the event of that the setter, in the act of moving away from the net to play the second contact, crosses the center line, no fault is called provided there is no interference on the play.

#### **12. HOST RESPONSIBILITIES**

#### 12.1. Team Room

- Visiting teams will be provided with a team room or equivalent facility for changing and/or team meeting for each match.
- The team room must be available a minimum of 90 minutes prior to the match.
- 12.2. Therapist
  - Each participating team will have adequate access to qualified host athletic therapy personnel or acceptable host facilities, which can accommodate athletic therapy staff from the participating teams.

#### 12.3. Announcer

- An announcer is to be used at all Atlantic University Sport regular season and post-season matches. Content / Information for announcing will be at the discretion of the host.
- The host institution will take steps to ensure the announcer is informed of and adheres to the Atlantic University Sport Bilingualism Policy.
- The public address system shall be silent from the moment the referee blows the whistle to initiate the rally until the whistle is blown to end the rally.

#### 12.4. Player of the Match

- A player of the match will be selected following each AUS regular season game for <u>both</u> teams, as selected by each team's head coach.
- The players of the match shall be announced following the game and recorded on the game sheet and/or statistical report.
- The Player of the Game shall be awarded to the true player of the game (from either team, winning or losing) who delivered the biggest impact on the game, shall be announced as the Player of the Game and referred to as such in any post-game recaps and recorded on the game sheet and/or statistical report. (*Amended May 2015*)

#### 12.5. Scoring and Statistics

- All teams are required to use the e-scoresheet system for all regular season and playoff matches. (Amended May 2018)
- Prestosports live stats entry software is to be used for all AUS women's volleyball games.
- The home team is responsible for training and assigning scorers and statisticians. The home team must arrange for a minimum of one (1) scorer and two (2) statisticians for each match.
- As a minimum, the official statistics sheet is to include the following general information:
  - i. Date, match start time, participating teams, final match score (including scores of each game) and attendance.
  - ii. Clearly printed first and last names of all dressed participants and corresponding jersey numbers.
- The host institution must forward results to Atlantic University Sport, the Sport Chair, the Atlantic University Sport women's volleyball schools, and media within thirty (30) minutes of completion of each match.
- The host will report results to the U SPORTS following the current reporting protocol.
- A copy of the official statistics sheet and the official score sheet will be provided to the visiting team within 15 minutes of match completion.
- In the event of a significant discrepancy in match statistics, the coach of the home team will review the match video tape and make a recommendation to the AUS office officer on appropriate adjustments after agreement on the changes by the two head coaches.
- Statistical definitions are those used by U SPORTS.

#### 12.6. Video Recording / Sharing

- The home/host team is required digitally videotape all exhibition, regular season and post-season matches.
- The angle of the video must be taped from the end line as close to the center of the court providing full view of the court. (*Amended May 2011*)
- AUS women's volleyball schools must use the Volleymetrics system to upload/exchange video of their respective home games. (Amended May 2019)
  - i. Games must be uploaded by the home/host school as soon as possible following the completion of the game and no later than 12 hours after the game start time.
  - ii. Host schools that do not upload their game video within 12 hours after the start time of a game shall be fined \$100 by Atlantic University Sport.

A second offence will result in a \$250 fine, third offence a \$500 fine, and a fourth offence will be referred to the AUS Executive Committee for further action. (*Amended May 2014*)

<u>Note</u>: Any head coach looking for a game which has not been uploaded within 12 hours after the start time of a game should report the infraction to the Sport Chair.

- iii. The home team is <u>not</u> required to provide a digital copy to the visiting team following games.
- In the case of teams travelling with their own video equipment, the host will designate video camera locations that provide each team with the same opportunity to access the same camera angle.

# 13. COACHES MEETINGS

• The annual AUS Women's volleyball coaches meeting is to be held in the month prior to the AUS AGM, at a time to be determined by the sport chair.

# c. Awards

Atlantic University Sport Award Certificates will be awarded to the following:

- i. The AUS most valuable player.
- *ii.* The AUS rookie of the year. (*The Kristen Ryan Memorial Award*) (*Eligibility criteria as defined in the U SPORTS operations manual*).
- iii. The AUS coach of the year.
- iv. The AUS student-athlete community service award. (The Erin Bursey Memorial Award)
   (Nominee for the U SPORTS Thérèse Quigley Award - criteria as defined by U Sports).
- v. A first all-star team consisting of seven (7) players. (Seven players, including the Most Valuable Player)
- vi. A second all-star team consisting of seven (7) players. (Seven players)
- vii. An all-rookie team consisting of four (4) players, not by position, who are eligible for Rookie of the Year selection (3 players + Rookie of the Year).

#### Selection Process:

The AUS women's volleyball post-season award selection procedure is as follows:

- Sport chair calls for nominations to be submitted from all coaches by Noon on the Monday prior to the final weekend of regular season play.
- Sport chair distributes these nominations to all coaches by Noon on the Wednesday prior to the final weekend of regular season play.
- Coaches have until noon on Monday (to submit their vote sheet) following the final weekend of regular season play (Monday prior to the AUS Championships).
- Each coach has the option of nominating <u>one</u> player for:
  - AUS most valuable player (if applicable, not required);
  - AUS rookie of the year (if applicable, not required);
  - AUS student-athlete community service award\* (if applicable, not required). \*<u>Note</u>: A student-athlete may only win the U SPORTS student-athlete community service award once. Any AUS athlete who has won the national award previously is not eligible to be nominated. (Amended May 2017)
- Each coach has the option of nominating:
  - a maximum of <u>five</u> AUS all-stars (which would include anyone they nominated for MVP, if applicable) and;
  - a maximum of <u>three</u> AUS rookies (if applicable, not required, would include anyone they nominated for rookie of the year).
- Coaches may list their all-star nominees in priority / ranked fashion, but must indicate this when submitting. (Note: When voting, coaches are not required to respect this order, it is for information purposes only.) (Amended May 2012)
- Coaches are not obligated to nominate players in every category.

- Each coach submits votes (excluding their own team's players) ranked 1<sup>st</sup>-to-2<sup>nd</sup> for:
  - AUS most valuable player;
  - AUS rookie of the year;
  - AUS student-athlete community service award;
  - AUS coach of the year.
- Each coach submits votes (excluding their own team's players) ranked 2<sup>nd</sup> -to-12<sup>th</sup> for <u>AUS all-stars</u> (excluding the one player they ranked for AUS most valuable player).

(Amended May 2014)

- Each coach submits votes (excluding their own team's players) ranked 2<sup>nd</sup> -to-4<sup>th</sup> for <u>AUS all-rookie team</u> (excluding the one player they ranked for rookie of the year).
   (Amended May 2014)
- Sport chair tabulates votes using the same process, with the following exception:
  - The top vote (one of the top votes if several the same) and the bottom vote (one of the bottom votes if several the same) are eliminated.

#### Most Valuable Player:

The player who accumulates the most points will be the AUS Most Valuable Player and will automatically be placed on the first all-star team.

#### First Team All-Stars:

The six (6) players with the next highest point totals (i.e. 2-6) will be named to the first allstar team.

The top six (6) ranked players will be submitted for U SPORTS all-Canadian consideration. (Amended May 2014)

#### Second Team All-Stars:

The seven (7) players with the next highest point totals (i.e. 7-12) will be named to the second all-star team.

#### Rookie of the Year:

Coaches <u>must</u> vote for two (2) rookies of those nominated for rookie of the year, excluding their own.

The player who accumulates the most points will be the AUS rookie of the year and will automatically be placed on the all-rookie team.

#### All-Rookie Team:

Each coach submits votes (excluding their own team's players) ranked 2<sup>nd</sup>-to-4<sup>th</sup> for the AUS all-rookie team (excluding the one player they ranked for rookie of the year).

The three (3) players with the highest point totals in the all-rookie team voting (i.e. 2-4) will be named to the all-rookie team.

#### Student-Athlete Community Service Award:

Coaches <u>must</u> vote for two (2) of those nominated, excluding their own.

The AUS student-athlete and community service award recipient will be the player who accumulates the most points.

\*<u>Note</u>: A student-athlete may only win the U SPORTS student-athlete community service award once. Any AUS athlete who has won the national award previously is not eligible to be nominated. (Amended May 2017)

#### Coach of the Year:

Coaches must vote for any two (2) head coaches, excluding themselves.

The AUS coach of the year will be the coach who accumulates the most points.

#### Breaking Ties in voting:

The tie-breaking procedures for AUS women's volleyball post-season awards is as follows:

When two or more individuals are tied in voting for an individual women's volleyball award the tie will be broken by following the steps listed below in the order they are listed:

- The individual with the highest number of first place votes will be ranked higher,
- The individual who appears on the greatest number of ballots,
- The individual whose team finished higher in the Atlantic conference regular season standings.

#### Vote Sheets and Supporting Documentation:

- All votes will be made available to coaches following the AUS playoffs, with the exception of coach of the year voting, by the sport chair.
- <u>Note</u>: The student-athlete community service award (Thérèse Quigley Award nominee) requires detailed supporting material as per criteria in the U SPORTS manual. This material is to be circulated to all head coaches, the AUS office and the sport chair.
- All coaches must be prepared to forward the required information (biographical, statistics, etc.) to the conference representative for each of their athletes who will be up for a U SPORTS award or all-Canadian recognition.

#### Press Releases:

- The Atlantic University Sport office will be responsible for releasing all information regarding conference AUS all-stars and major awards.
- The Sport Chair will forward the names of the all-stars and major award winners to the Atlantic University Sport office once all the voting has been tabulated.

#### Trophy / Award

Atlantic University Sport Championship Most Valuable Player Rookie of the Year Coach of the Year Student-Athlete & Community Service Award

#### Name of Trophy / Award

The M.W.I.A.A.U. Trophy None The Kristen Ryan Memorial Award None The Erin Bursey Memorial Award

<u>Note</u>: All applications to create, name or re-name trophies for competition within Atlantic University Sport are subject to the AUS Trophy Policy as set out in the General Operating Procedures and final approval by the AUS management council.

# d. Game Protocol for <u>Single Matches</u>

CO min hafara	Clask is act to CO minutes and started
60 min. before	Clock is set to 60 minutes and started.
match time	Court area in match configuration available to both teams.
	Balls available for both teams as per regulations.
	60:00- 55:00 – Teams warmup their bodies and shoulders before Serve     and Base
	and Pass.
	• 55:00- 50:00 – Visiting team has the court to themselves to do Serve and Pass for 5 minutes.
	• 50:00- 45:00 – Home team has the court to themselves to do Serve and Pass for 5 minutes.
	<ul> <li>Teams that are NOT on the court, will NOT be permitted to use the</li> </ul>
	volleyballs. Will use it to stretch, foam roll, warm-up, or meet off the
	court behind benches or in team room.
	(Safety is the reason for keeping volleyballs off the court and keeping people away from the court during Serve and Pass)
45 min. before	Once clock hits 45:00 minutes prior to match time both teams must warm-
match time	up only on their side of the court and free space.
30 min. before	Coin toss.
match time	
10 min. before	Serving team has entire court, full roster introduced.
match time	
5 min. before	End of warm-up for serving team.
match time	Receiving team has entire court, full roster introduced.
Match start time	End of warm-up for receiving team.
	• Players change into match jerseys and will stand by their benches.
	National anthem played.
	Announcement of officials.
	Announcements of visiting team starters.
	Announcements of home team starters.
	Head official whistles to begin match.
Between 4 <sup>th</sup> & 5 <sup>th</sup> sets	• Teams choosing to use the net for hitting must hit towards the side of the court they will occupy at the start in the 5th set.
	Should both teams choose to use this time for hitting, they must respect
	the opponents and conduct the hitting in a manner that does not cause
	interference with the opponent.
End of match	Teams shake hands.
	• Following handshakes, both teams line-up on respective end line for
	announcement of the Player(s) of the Match.
Within 15 min. of	Home team uploads game film to Vidswap and provides visiting team
completion of the match	with copies of score sheet and stats sheets.
Within 30 min. of	Game statistics forwarded to AUS office, Sport Chair, each women's
completion of the match	volleyball institution and media.
	• End of game time and attendance to be recorded on game score sheet.
	<ul> <li>Official roster form forwarded to AUS office and Sport Chair.</li> <li>Report score to U SPORTS.</li> </ul>

# e. Game Protocol for Double-header Matches

Should two matches be scheduled for back-to-back time slots, as in play-offs or a double header involving a men's and women's match the following protocol will apply for the second match.

30 min. before match time	<ul> <li>Coin toss. To take place 30 minutes prior to scheduled match time away from the court.</li> <li>If the same officials are doing both matches then the coin toss will take place as soon as possible following completion of match #1. In this case the coin toss will be completed before the officials check the net.</li> <li>Clock is set to 30 minutes and started. Clock is not to start until the bench area is clear <u>and</u> the net has been adjusted if a height change is required.</li> </ul>
10 min. before match time	Serving team has entire court, roster introduced.
5 min. before match time	<ul><li>End of warm-up for serving team.</li><li>Receiving team has entire court, roster introduced.</li></ul>
Match start time	<ul> <li>End of warm-up for receiving team.</li> <li>Players change into match jerseys and will stand by their benches.</li> <li>National anthem played. (Optional – once per double header is sufficient)</li> <li>Announcement of officials.</li> <li>Announcements of visiting team starters.</li> <li>Announcements of home team starters.</li> <li>Head official whistles to begin match.</li> </ul>
Between 4 <sup>th</sup> & 5 <sup>th</sup> sets	<ul> <li>Teams choosing to use the net for hitting must hit towards the side of the court they will occupy at the start in the 5th set.</li> <li>Should both teams choose to use this time for hitting, they must respect the opponents and conduct the hitting in a manner that does not cause interference with the opponent.</li> </ul>
End of match	<ul> <li>Teams shake hands.</li> <li>Following handshakes, both teams line-up on respective end line for announcement of the Player(s) of the Match.</li> </ul>
Within 15 min. of completion of the match	Home team uploads game film to Volleymetrics and provides visiting team with copies of score sheet and stats sheets.
Within 30 min. of completion of the match	<ul> <li>Game statistics forwarded to AUS office, Sport Chair, each women's volleyball institution and media.</li> <li>End of game time and attendance to be recorded on game score sheet.</li> <li>Official roster form forwarded to AUS office and Sport Chair.</li> <li>Report score to U SPORTS.</li> </ul>