



# 2025 CANADA SUMMER GAMES

## BEACH VOLLEYBALL TEAM PLAN



**Volleyball New/Nouveau Brunswick**

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## **2025 Canada Games Beach Volleyball Team Plan and Selection Guide**

### **1. General Background and Information**

#### **a. Purpose of the Document**

- i. The purpose of this document is to provide a clear and concise outline of our team plan as well as the selection process for our Men's and Women's Beach Volleyball Teams that will be competing at the 2025 Canada Summer Games (CG) in St. John's, Newfoundland.

#### **b. Program Goals**

- i. To identify, develop, and train our top 2 men and top 2 women athletes
- ii. To provide a safe and equitable high-performance environment that will allow for the athletes to compete at their highest level at the 2025 CG representing New Brunswick.
- iii. For Men, finish in the top 4 at CG. For Women, the goal is to be top 8 at CG.

#### **c. Definitions of terms and entities**

- i. **Volleyball New Brunswick (VNB):** The managing Provincial Sport Organization (PSO) that will manage the Canada Games teams over the CG process
- ii. **Beach (HP) Chair:** Oversees the Beach Programs of VNB
- iii. **Team Selection Committee:** The team selection committee will consist of the coaching staff (1 vote), the Beach chair (1 vote), and 1 independent evaluator (1 vote each).
- iv. **HP Beach:** VNB's High-Performance Beach Program will act as the training group for the Canada Games Training Group

### **2. Overall Team Management Strategy**

- a. Volleyball New Brunswick (VNB) will oversee and help guide the Canada Games process to ensure that our athletes are able to train in a high-performance environment where they are supported to compete at their best. CG coaches will report to the Executive Director and the HP Chairs.

**b. Role of the PSO**

- i. The role of the PSO is to provide guidance over the CG process by creating this document, overseeing the process of athlete identification through to team selection, and working with the CG coaches to develop a training plan.
- ii. The PSO is also responsible for communicating selection criteria, monitoring reporting functions, coach selection via a fair and open process, Manager selection via a fair and open process, budget approval of the proposed plan and associated budget by the CG Coaches.
- iii. The PSO and HP Chairs will send out Coach evaluations to the athletes.

**c. Role of the Coach**

**i. Head Coach:**

1. Attend meetings scheduled by the Volleyball NB / Chef de Mission leading up to the TEAM NB/CSG competitions and relay relevant information to athletes, and parents.
2. Shall report to and be responsible to the Beach Chair and Executive Director
3. Shall promote the programs and services of Volleyball New Brunswick at all times
4. Shall operate within all policies as established by Volleyball New Brunswick. All policies can be found on our [website](#)
5. The Head Coach is required to attend Coaching Committee and Board Meetings upon request
6. Meet all deadlines for filling out and submitting forms in preparation for Competitions and/or Canada Summer Games
7. In consultation with VNB and HP Chairs, operate within the Board approved annual budget
8. Follow Volleyball New Brunswick Constitution, By-Laws, Rules and Regulations

9. Along with the PSO, control, and maintain all Volleyball New Brunswick program equipment. All equipment and materials purchased by Volleyball New Brunswick are the property of Volleyball New Brunswick
10. Honor sponsorship, marketing promotions, and commitments made by Volleyball New Brunswick
11. Additional details can be found in the [VNB CG Duties and Responsibilities Document](#)

### 3. Selection Process

a. **Eligibility:** To be considered for selection of the 2025 Canada Games Beach Volleyball Teams, athletes must meet eligibility criteria as set out in the Canada Games [Technical Package](#) sections 3 and 4.

- i. 20 and under as of December 31, 2025
- ii. Year of Birth: 2005 or later

#### b. Athlete Identification Process

i. **ID Training Sessions:** There will be one open mandatory ID training session through the month of May at dates TBD (potentially May 31/June 1) in which athletes who wish to participate in the Canada Games selection tournament must attend. A tryout fee of \$50 will be charged with their registration for the tryout.

ii. **PSO Membership:** All individuals that wish to be a part of any part of our CG process must be a PSO member and be in good standing with VNB.

iii. **Performance Standards:** During ID camp, all athletes will complete physical testing including but not limited to block & spike approach, T-cone test, and triple jump.

#### iv. Key Dates: Men's and Women's Beach Volleyball

Date	Location	Event
Late May 2025	To Be Determined	Open ID Session/Tryout
June 7-8, 2025	To Be Determined	VNB Tournament
June 2025	To Be Determined	Ongoing Weekday Training

June 13-15, 2025	To Be Determined	Training Camp
June 27-29, 2025	To Be Determined	Training Camp
July 5-6, 2025	Fredericton, NB	CG Selection Tournament
July 2025	To Be Determined	Out of Province Tournament
July-August	To Be Determined	Training weekends
August 8-18, 2025	St. John's, NFLD	Canada Games

**c. Exit Point**

- i. If due to late entry either group has an odd number of players, this exit point will be used.
- ii. In this case, the selection committee will evaluate the athletes on all the data available and make a cut to get to an even number for the selection tournament.

**4. Selection Criteria**

**a. General:**

- i. Athletes must attend the CG tryout, to be eligible to compete in the CG Selection Tournament, athletes must participate in HP Beach. A selection tournament will be held on July 5th & 6th (Rain date: July 12th & 13th) 2025, in which the winning team will represent New Brunswick at the 2025 Canada Games
- ii. Athletes will be required to register for the selection tournament with a partner of their choosing by June 29th, 2025. Seedings for this tournament will be decided based on any results from 2025 VNB-sanctioned events, tournament-style events within the HP training sessions, and 2024 VC Nationals, should teams have accumulated points during said event.
- iii. The first day of competition will consist of round-robin play, followed by playoff rounds up to and including the semi-finals. Each round-robin and playoff match will be a best 2 out of 3 match & will be officiated by sanctioned officials. The second day of competition will solely consist of the finals and will be decided by a team winning 2 matches in a best 2 out of 3 format.

iv. Should an injury occur during the competition or in between dates of competition and the athlete is unable to compete, each game they cannot participate in will be deemed a forfeit.

v. Should there be inclement weather during the selection tournament that impacts the safety of the athletes (such as thunder & lightning) then VNB will make a decision if we can complete the tournament on Sunday. If not we will move the tournament to our selected rain date of July 12th/13th to resume the tournament.

#### **Evaluation processes and weighting**

#### **b. Selection Committee for determining training group for CG**

- i. Beach HC, Beach Chair, and an independent evaluator

#### **c. Assessment and Weightings for determining Training Group for CG**

##### **i. Technical skills**

Ability to pass, serve, and attack with accuracy, as well as execute blocking and defense. Ability to read and react to the opponent's actions effectively.

##### **ii. Tactical skills**

Ability to make decisions based on opponents' strengths and weaknesses. General understanding of how to execute offensive and defensive strategies.

##### **iii. Mental Skills**

Ability to focus on the task at hand and execute on demand, ability to block out distractions, ability to release previous errors and move on to the next task.

##### **iv. Other**

Communication skills of athletes, ability to take advice and implement it into action.

#### **d. Performance Measures**

##### **i. In competition**

Reception: passing percentage and error rates

Serving: percentage of serving to correct zone and error percentages

Attacking: kill-error ratio, first ball side out percentages

**ii. Testing protocols**

Block and spike touches, T-Test scores, and triple jump tests will be completed at the ID training session for each individual and will be re-evaluated monthly leading up to the Canada Games.

**iii. Discretionary power/intangibles**

Ability to manage emotions and help to get the most out of your partner, not being afraid to make mistakes and asking questions to avoid making the same mistakes repetitively.

**e. Exceptions**

**i. Injuries and Illness**

Should an athlete have an injury/illness prior to the ID session that prevents them from attending, it is up to the athlete to inform VNB at least 24 hrs prior to the event, in which time an alternate option will be discussed with the athlete.

**ii. Exceptional circumstances**

Should an athlete be unable to attend the ID session due to an unforeseen/exceptional circumstance it is required of them to inform VNB at least 24 hrs prior to the event. Should an athlete be unable to attend the selection tournament for any circumstances there will be no accommodations provided. It is important that those interested in attending the selection tournament be available for both the July 5th/6th & July 12th/13th weekend due to possible inclement weather.

**5. Final Team Selection**

**a. Final team selection**

- i. The final team selection will be the winners of the selection tournament.

**b. Announcement of team**

- i. The team will be announced first to athletes in the process, followed by posting on VNB social media channels.

**6. Post Selection**

**a. Requirements**

- i. Attending any mandatory Canada Games information sessions or meetings, training within the HP Beach Group leading up to the Canada

Games, attending any pre-games events including Calgary open & potentially test event in St. John's.

**b. Replacing athletes**

i. **Injuries:** Should an injury occur during the period between selection and departure for the Canada Games, the injured athlete must be cleared by a physician to play & must undergo physical testing with the team. During physical testing, the athlete must meet a minimum of 85% of their pre-injury values 2 weeks before departure for the Canada Games.

ii. **Disciplinary issues**

1. Code of Conduct and other applicable policies.

iii. **Replacement selection**

Should any of the above scenarios happen and result in requiring a replacement athlete, the athlete will be selected at the coach's discretion from the second-place team from the selection tournament.

**7. Appeals**

- a. All appeals to any part of the CG process shall follow [VNB's Appeals Policy](#).
- b. The decision of an appeal is final and binding unless it is found that the appeal process was not followed as per the Policy and Procedures in which case a complaint can be lodged to VNB or the [NB Safe Sport Dispute Resolution Program](#).
- c. Given the time-sensitive nature of the decision, appeals must be sent to VNB in writing within 48 hours of the announcement of the decision.

8. **Conflict of Interest** - We will follow our [Conflict of Interest Policy](#) throughout the CG process.

9. **Policy Amendments** - There may be times when the selection criteria has to be changed due to unforeseen circumstances. If changes are deemed necessary, the VNB Board may approve changes to this criteria and any approved changes to this document will be published in the same manner as set out in section 3.b.i of this document.