

AUS Women's Volleyball Guidelines for Referees

Pre-Game Protocol

- ✚ Referees must be on site 60 minutes prior to match start time
- Referee Assistants must be on site 60 minutes prior to match start time
- ✚ 60 minutes (visual clock is set at the 60-minute mark) then started
 - the teams will begin a 60-minute common warm-up on their own court.
 - the referees check the height and tension of the net as well as the position of the antennae and side markers
 - referees check the game balls and all other equipment necessary for the game.
 - Referees give necessary instructions to lines judges, ball retrievers, quick moppers, etc.
- ✚ 30 minutes before match time – Referees will conduct the coin toss with the Game Captains.
 - Captains will sign the scoresheet rosters.
 - Referees will confirm the roster and the number of players warming up on the court.
 - Referees will introduce themselves to the coaches and see if they have any concerns.
 - R2 will deliver the line-up cards to the Head Coach
 - R1 will have a conference with the minor officials (line judges) while R2 watches the warmup.
 - Referees provide instructions to ball retrievers.
- ✚ 10 minutes before match time – referee blows whistle to signal the start of the official warm-up.
 - Both teams must now have their uniforms on with no warm ups covering them.
 - serving team has first 5 minutes at the net.
 - all players will be introduced during their warm-up time at the net.
- ✚ 5 minutes before match time – referee blows whistle to signal the second 5-minute warm-up.
 - receiving team has 5 minutes at the net.
 - all players will be introduced during their warm-up at the net.
- ✚ 4 minutes before match – coaches' hand in the starting line ups
- ✚ 0 minutes before match
 - officials proceed to their designated spots on the court.
 - 1st and 2nd referee stand laterally in the middle of the court – perpendicular and close to the net, facing the scorer's table (halfway between 3-meter line and net)
 - ♦ the 1st referee stands left of the scorer's table – on one side of net (Team A side)
 - ♦ the 2nd referee stands right of the scorers table – on the other side of the net (Team B side)
 - Referee Assistants go to their designated spots (position 1 & 3)
 - national anthem will be played (optional)
 - introduction of officials (line judges, 1st referee, and 2nd referee)
 - 1st and 2nd referee go to their designated spots (wave instead of shaking hands and go to spot)
 - introduction of starting line-up, libero, and head coach
 - after being introduced players will run onto the court to their respective endlines
 - after introductions of both teams
 - 1st referee then blows whistle for teams to enter onto the court - (no shaking of hands – not an option)
 - the 2nd referee gives two match balls to the ball retrievers, checks the position of the starting players and gives authorization for the Libero to enter court.
 - 2nd referee then gives the 1st server of the match the 3rd ball to begin the match.
 - 2nd referee also checks to see if the scorer is ready and signals to the 1st referee that everything is in order and is good to blow for service.
- ✚ - 3 minutes before match
 - match begins – the first referee blows whistle to authorize the first service of the match

Rules

Competition shall be governed by the rules of FIVB Rulebook with the following modifications:

- The use of the 3-ball system is mandatory for all league games and playoffs.
- **8 limited substitutions**
- **Assistant coach may leave bench to warmup area and return in a timely fashion – may not be in the free zone. May approach the sideline in between a rally and return before whistle for serve.**
- **The Liberos CAN be either team captain or game captain** at the same time performing as a Libero.
- **Teams may have 0,1,2 Liberos per set and if they are using 2 libero's they must be recorded on the line-up card.**
- **Head coach can seat anywhere on the bench but must ask for interruptions from the attack line or first chair.**
- **Jerseys will be numbered 1 – 25 and beyond. Numbers do NOT have to be in center front.**
- The five (5) minute, five (5) minute warm-up shall begin at the 10-minute mark remaining on the clock, prior to commencement of the match.
- **TIME OUTS are 60 seconds long – No Technical Time Out.**

Team Composition

- Only players whose names appear on the official tournament roster and are listed on the Institution's eligibility form, and which have been confirmed eligible by the member's PCAA are permitted to participate in the National Championship Tournament and sit on the team's respective bench.
- The maximum number of players permitted on the official tournament roster is fourteen (16).
- All players on the official tournament roster may dress, warm up and sit on team bench. The maximum number of team personnel on the bench includes **sixteen (16) players and six (6) additional personnel**. Additional personnel must serve a vital role (i.e., coaches, manager, statistician, therapist, or injured players).
- A maximum of fourteen (14) players are eligible to play in each National Championship game.

Ball

- The Official Ball for U-Sport women's volleyball is the Mikasa V200w

Warm-Up

- **Thirty (30) minutes** shall be permitted for warm up between matches. This shall include the 5-5 warm-up at the net.
- If the previous match goes over the allocated time, the Thirty (30) minute warm-up still applies.
- No warm-up shall begin on an adjacent court to a continuing match, unless a suitable barrier separates the playing and practicing areas.
- In the three-minute interval between games and during timeouts, players may use balls during their warm-up.

Blood Rule - Procedures

- In the event of an open and bleeding wound, the referee must stop play and have that player removed from the field of play
- FIVB Blood Policy Rule will apply (Section 11.1 of U-Sport Playing regulation)