

## ACAA Volleyball Guidelines for Referees

### Pre-Game Protocol

- ✚ Referees must be on site 60 minutes prior to match start time  
Referee Assistants must be on site 60 minutes prior to match start time
- ✚ 60 minutes (visual clock is set at the 60-minute mark) then started
  - court area in match configuration available to both teams
  - if only one team is present, they may use the entire area, but must cease any activity involving the opponent's court and/or free space upon their arrival – unless both teams agree to share the space
  - if both teams agree to share the space they shall do so until **40 minutes prior to match time** at which time both teams must warm-up only on their side of the court and free space
- ✚ 40 minutes before match time –
  - the teams will continue a 40-minute warm-up their on the court
  - the referees check the height and tension of the net as well as the position of the antennae and side markers
  - referees check the game balls and all other equipment necessary for the game
  - referees give necessary instructions to lines judges, ball retrievers, quick moppers, etc.
- ✚ 25 Minutes before the match time – Teams have common warm up time on their own side.
- ✚ 15 minutes before match time – Referees will conduct the coin toss with the Game Captains.
  - ✚ - **Teams will put on their uniforms with no warm up jersey covering them.**
- ✚ 13 minutes before match time – referee blows whistle to signal the start of the official warm-up
  - serving team has first 5 minutes at the net
  - all players will be introduced during their warm-up time at the net
- ✚ 8 minutes before match time – referee blows whistle to signal the second 5-minute warm-up
  - receiving team has 5 minutes at the net
  - all players will be introduced during their warm-up at the net
- ✚ 4 minutes before match – coaches' hand in the starting line ups
- ✚ 3 minutes before match
  - officials proceed to their designated spots on the court
    - 1<sup>st</sup> and 2<sup>nd</sup> referee stand laterally in the middle of the court – perpendicular and close to the net, facing the scorer's table (halfway between 3 meter line and net)
      - ♦ the 1<sup>st</sup> referee stands left of the scorer's table – on one side of net (Team A side)
      - ♦ the 2<sup>nd</sup> referee stands right of the scorers table – on the other side of the net (Team B side)
    - Referee Assistants go to their designated spots (position 1 & 3)
    - **Teams stand on the end line: Captain, Libero and in numerical order.**
    - **Coaches stand in front of their benches.**
  - national anthem will be played (optional)
  - **Official blows whistle and teams return to their bench.**
  - introduction of officials (line judges, 1<sup>st</sup> referee, and 2<sup>nd</sup> referee)
    - 1<sup>st</sup> and 2<sup>nd</sup> referee go to their designated spots (wave to each other before going to spots)
  - introduction of starting line-up, libero, and head coach
    - after being introduced players will run onto the court to their respective endlines
  - after introductions of both teams
    - 1<sup>st</sup> referee then blows whistle for teams to enter onto the court –
    - the 2<sup>nd</sup> referee gives two match balls to the ball retrievers, checks the position of the starting players, and gives authorization for the Libero to enter court
  - 2<sup>nd</sup> referee then gives the 1<sup>st</sup> server of the match the 3<sup>rd</sup> ball to begin the match
  - 2<sup>nd</sup> referee also checks to see if the scorer is ready and signals to the 1<sup>st</sup> referee that everything is in order and is good to blow for service
- ✚ 0 minutes before match

match begins – the first referee blows whistle to authorize the first service of the match

## Rules

Competition shall be governed by the rules of Volleyball Canada with the following modifications:

- **The use of the 3 ball system is mandatory for all league games and playoffs.**
- The five (5) minute, five (5) minute warm-up shall begin at the 13-minute mark remaining on the clock, prior to commencement of the match.
- Players and coaches will treat everyone with fairness and respect during the match. Players will be allowed to serve the ball **without any unnecessary noise** (animal/bird etc) interference from the opposing teams that is deemed to be unsportsmanlike by the referee.
  - The R1 will sanction with a yellow card for a warning and a red card for the second infraction resulting in a point to the serving team.

## Team Composition

- Only players whose names appear on the official tournament roster and are listed on the Institution's eligibility form, and which have been confirmed eligible by the member's PCAA are permitted to participate in the National Championship Tournament and sit on the team's respective bench.
- The maximum number of players permitted on the official tournament roster is fourteen (14).
- **During the warm-up, teams are permitted a maximum of 16 players. All 16 players may be in uniform, and they may participate in the official warm-up. Once the warm-up is complete only the 14 players on the game scoresheet are to remain in uniform.** The maximum number of team personnel on the bench is 22 this includes a maximum of (6) additional personnel. Additional personnel must serve a vital role (i.e., coaches, managers, statistician, therapist). Extra players are allowed on the bench but not in the warm-up area. The extra players plus team personnel cannot exceed a total of 22.
- A maximum of fourteen (14) players are eligible to play in each National Championship game.

## Ball

- The Official Ball for CCAA women's volleyball is the Molten V5M5000 Volleyball
- The Official Ball for CCAA men's volleyball is the Molten V5M5000 Volleyball

## Warm-Up

- Twenty-five (25) minutes shall be permitted for warm up between matches. This includes the 5-5 warm-up at the net.
- If the previous match goes over the allocated time, the Twenty-five (25) minute warm-up still applies.
- No warm-up shall begin on an adjacent court to a continuing match, unless a suitable barrier separates the playing and practicing areas.
  - **ACAA is following the Volleyball Canada Warm Up Procedure (Rule 7.2 page 28 of Rulebook)**
- In the three-minute interval between games and during the one-minute timeouts, players may use balls during their warm-up.

## Blood Rule - Procedures

- In the event of an open and bleeding wound, the referee must stop play and have that player removed from the field of play
- VC Blood Policy Rule will apply

## Concussion Protocol

- As per Rule 32 in the Volleyball Canada Rule book 2024-25
- If athlete is struck in the head, at the end of the rally the 1<sup>st</sup> referee will ask for a quick concussion test.
- This will be performed by the following
  - Primary care provided if available (Athletic Therapist or certified concussion assessor)
  - Secondary care provider who is trained in concussion assessments. (Team trainer or other non-coach)