

AUS Women's Volleyball Guidelines for Referees

Pre-Game Protocol

- ✚ Referees must be on site 60 minutes prior to match start time
- Referee Assistants must be on site 60 minutes prior to match start time
- ✚ 60 minutes (visual clock is set at the 60-minute mark) then started
 - the teams will begin a 60-minute common warm-up on their own court.
 - the referees check the height and tension of the net as well as the position of the antennae and side markers
 - referees check the game balls and all other equipment necessary for the game.
 - Referees give necessary instructions to lines judges, ball retrievers, quick moppers, etc.
- ✚ 30 minutes before match time – Referees will conduct the coin toss with the Game Captains.
 - Captains will sign the scoresheet rosters.
 - Referees will confirm the roster and the number of players warming up on the court.
 - Referees will introduce themselves to the coaches and see if they have any concerns.
 - R2 will deliver the line-up cards to the Head Coach
 - R1 will have a conference with the minor officials (line judges) while R2 watches the warmup.
 - Referees provide instructions to ball retrievers.
- ✚ 10 minutes before match time – referee blows whistle to signal the start of the official warm-up.
 - Both teams must now have their uniforms on with no warm ups covering them.
 - serving team has first 5 minutes at the net.
 - all players will be introduced during their warm-up time at the net.
- ✚ 5 minutes before match time – referee blows whistle to signal the second 5-minute warm-up.
 - receiving team has 5 minutes at the net.
 - all players will be introduced during their warm-up at the net.
- ✚ 4 minutes before match – coaches' hand in the starting line ups
- ✚ 0 minutes before match
 - officials proceed to their designated spots on the court.
 - 1st and 2nd referee stand laterally in the middle of the court – perpendicular and close to the net, facing the scorer's table (halfway between 3-meter line and net)
 - ♦ the 1st referee stands left of the scorer's table – on one side of net (Team A side)
 - ♦ the 2nd referee stands right of the scorers table – on the other side of the net (Team B side)
 - Referee Assistants go to their designated spots (position 1 & 3)
 - national anthem will be played (optional)
 - introduction of officials (line judges, 1st referee, and 2nd referee)
 - 1st and 2nd referee go to their designated spots (wave instead of shaking hands and go to spot)
 - introduction of starting line-up, libero, and head coach
 - after being introduced players will run onto the court to their respective endlines
 - after introductions of both teams
 - 1st referee then blows whistle for teams to enter onto the court - (no shaking of hands – not an option)
 - the 2nd referee gives two match balls to the ball retrievers, checks the position of the starting players and gives authorization for the Libero to enter court.
 - 2nd referee then gives the 1st server of the match the 3rd ball to begin the match.
 - 2nd referee also checks to see if the scorer is ready and signals to the 1st referee that everything is in order and is good to blow for service.
- ✚ - 3 minutes before match
 - match begins – the first referee blows whistle to authorize the first service of the match

Rules

Competition shall be governed by the rules of FIVB Rulebook with the following modifications:

- The use of the 3-ball system is mandatory for all league games and playoffs.
- **8 limited substitutions**
- **Assistant coach may leave bench to warmup area and return in a timely fashion – may not be in the free zone. May approach the sideline in between a rally and return before whistle for serve.**
- **The Liberos CAN be either team captain or game captain** at the same time performing as a Libero.
- **Teams may have 0,1,2 Liberos per set and if they are using 2 libero's they must be recorded on the line-up card.**
- **Head coach can seat anywhere on the bench but must ask for interruptions from the attack line or first chair.**
- **Jerseys will be numbered 1 – 25. Numbers do NOT have to be in center front.**
- The five (5) minute, five (5) minute warm-up shall begin at the 10-minute mark remaining on the clock, prior to commencement of the match.
- **TIME OUTS are 60 seconds long – No Technical Time Out.**

Team Composition

- The maximum number of players permitted on the official tournament roster is fourteen (14).
- A team can have a maximum of 22 people in the bench area including athletes, coaches and support staff. Additional personnel must serve a vital role (i.e., coaches, manager, statistician, therapist, or injured players).
- A maximum of fourteen (14) players are eligible to play in each National Championship game.

Ball

- The Official Ball for U-Sport women's volleyball is the Mikasa V200w

Warm-Up

- **Thirty (30) minutes** shall be permitted for warm up between matches. This shall include the 5-5 warm-up at the net.
- If the previous match goes over the allocated time, the Thirty (30) minute warm-up still applies.
 - The clock does not start until the net has been adjusted and coin toss have been completed.
- No warm-up shall begin on an adjacent court to a continuing match, unless a suitable barrier separates the playing and practicing areas.
- In the three-minute interval between games and during timeouts, players may use balls during their warm-up.

Blood Rule - Procedures

- In the event of an open and bleeding wound, the referee must stop play and have that player removed from the field of play
- FIVB Blood Policy Rule will apply (Section 11.1 of U-Sport Playing regulation)