



2025 Team NB Elite Information Package

Teams:

For the summer of 2025, VNB is planning to run the following teams as part of our Team NB Elite program:

Male

- 15U (athletes born in 2010 on or before September 1st, 2011 **only**) attending Eastern Elites
- 16U (athletes born in 2009) attending Eastern Elites
- 17U (athletes born in 2008) attending Canada Cup

Female

- 2 x 15U (athletes born in 2010 and 2011 **only**) attending Eastern Elites
- 2 x 16U (athletes born in 2009) attending Eastern Elites
- 17U (athletes born in 2008) attending Canada Cup

Key Dates:

For the summer 2025 Team NB Elite programs, below are our planned dates:

Event	Date	Location	Teams Attending
Tryouts	Weekend of May 30-June 1	Fredericton	all
Training weekend 1	Weekend of June 21-22	Fredericton*	all
Training weekend 2	Weekend of July 4-6	Fredericton - potential overnight training camp*	all
Training weekend 3	Weekend of July 11-12	Moncton	all
Eastern Elites	July 17-19	Moncton	Only 15U and 16U teams
Canada Cup training weekend	July 19-20	Moncton	17U Canada Cup teams
Canada Cup	July 22-27	Niagara, Ontario	Canada Cup teams

*VNB reserves the right to change the information in this document as necessary without notice.



New for 2025

Tryouts

Tryouts will take place over the course of one weekend May 30th - June 1st, strategically positioned for after the NBIAA High School season concludes.

In previous years, we held a regional tryout in various locations across the province, successful athletes were then invited to a final tryout in one central location at a later date. While this model was generally successful, due to how busy the High School volleyball season is, and with club volleyball now stretching later into March and April, we are piloting a new process this year based on feedback from the surveys families filled out at the end of the VNB Elite season in 2024.

For 2025, VNB will host one full weekend of tryouts, open to anyone who wishes to register. We anticipate athletes will have 2 tryout sessions on Day 1, and 2 final sessions on Day 2. Coaches and High-Performance leads will then select athletes for the various teams at the conclusion of Day 2.

No 14U in 2025

VNB recognizes that 14U is a critical age for getting athletes ready for the next stage of competitive volleyball. After piloting different programs over the past 2 summers, this year we are looking at a new process based on feedback from the survey results last year.

After discussions with the other Atlantic provinces, the decision was made to not have a 14U age category at Eastern Elites this summer. While we know this will disappoint some, we are working on developing an alternative model for skill development and competition this summer.

Stay tuned for more information to come shortly.