



AUGUST 2026

PLAYING REGULATIONS – MEN’S VOLLEYBALL

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1. COMPETITION

1.1. CHAMPIONSHIP FORMAT

The U SPORTS Men’s Volleyball Championship shall have a total of eleven (11) matches taking place over three (3) days. There will be eight (8) teams in a quarterfinal knockout format that includes a 3rd place match and a consolation 5th place match, but no 7th place match.

1.2. CHAMPIONSHIP BERTH STRUCTURE

The Berth Structure is the makeup of the teams that qualify to the National Championship tournament and will include at minimum, a Host and Conference Champions.

1.3. TEAMS

The participating teams for the **2027** Championship will be as follows:

- OUA Champion
- RSEQ Champion
- CW Champion
- Host (**Mount Royal University**)
- One (1) earned berth to CW (as per conference qualifying process)
- One (1) earned berth to OUA (as per conference qualifying process)
- One (1) earned berth to RSEQ (as per conference qualifying process)
- One (1) earned berth to CW (as per conference qualifying process)

1.4. SEEDING, DRAWS, TRIALS AND HEATS

1.4.1. SELECTION/SEEDING COMMITTEE

1. Chair: A non-voting U SPORTS Office staff member.
2. Members: U SPORTS will select a representative from each Conference in collaboration with the Conference staff.
3. President of the Coaches Association: The President of the Coaches Association will take part in the conference call and shall only vote in the case of a tie.



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4. Should any member be the coach of a team that has qualified for the championship, the U SPORTS Office will work with the President to select a designate.

1.4.2. SEEDING

Seeding is defined as how a team is ranked competitively and then slotted into a draw. The seeding reflects the current strength of the eight (8) participating teams at a U SPORTS National Championship.

1.4.2.1. SEEDING PRINCIPLES

The following seeding principles must be respected in the final determination of the championship draw:

1. Conference Champions must be the highest-seeded team from the conference.
2. Conference champions must be seeded in at least one of the top 6 spots
3. Conference match ups will be avoided in the 1st round for the top two (2) qualifiers from each conference

1.4.2.2. SEEDING CALL

The purpose of the seeding call is to complete the seeding of teams participating in the U SPORTS National Championship. Championship seeding can be confirmed via email with the seeding committee.

The championship schedule is to be reviewed by the STSC (1 STSC member per conference and the Coaches Association President or Designate) prior to the release and once approved the schedule will be final.

1.4.2.3. SEEDING CRITERIA

Seeding is defined as reflecting current strength of the 8 teams qualified for the championship. For the purposes of seeding, a combined metric (U SPORTS record, SRS, RPI, ELO, and coaches vote (after conference finals) shall be used to rank and seed teams 1-8.

1.4.2.4. SEEDING PROCEDURES



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1. The seeding call takes place on the Sunday prior to the start of the U SPORTS National Championship following the last Conference Championship.
2. Immediately following the seeding call, the U SPORTS office will release final seeding and schedule to media and members.
3. There shall be no appeal of decisions regarding seeding.
4. Any member institution that releases seeding information prior to the embargo established by the U SPORTS office will be fined \$500.00.

1.4.3. DRAW

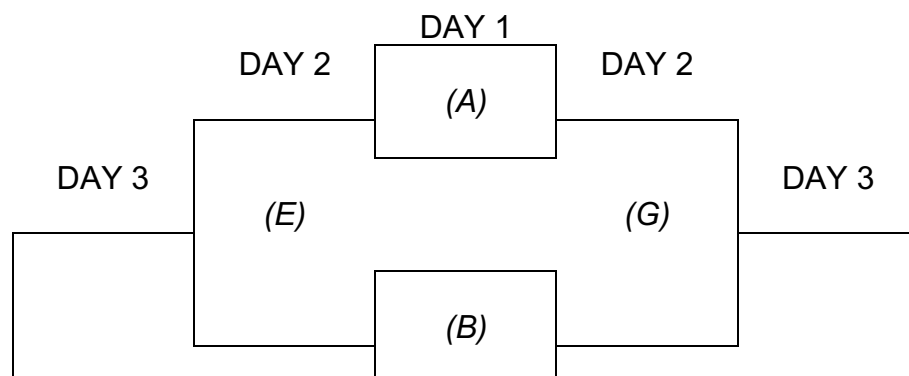
The draw is defined as how a team is scheduled into the National Championship tournament.

1 vs 8
4 vs 5
2 vs 7
3 vs 6

1.5. FORMAT

The Format of a National Championship will depend on the sport and will encompass a wide range of aspects including:

1. Style of the Championship (single elimination, pool play, etc.)
2. Number of participating teams
3. Number of days the Championship will take place

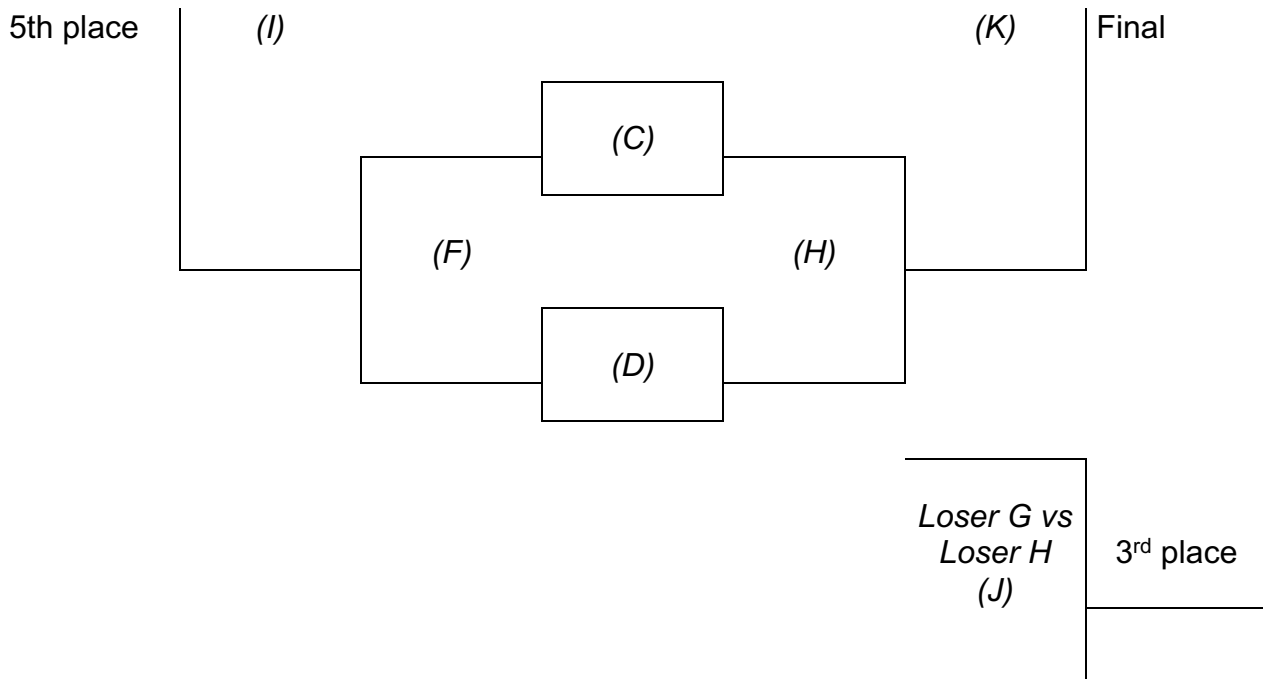




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Note 1: To ensure the integrity of the draw, the structure of the brackets must be maintained (i.e. Game A and Game B must always stay together and Game C and Game D must always stay together) so that common rest times are protected. Game A and Game B can however be moved to the bottom side of the draw, allowing Game C and Game D to move to the top side of the draw.

Note 2: Without affecting the integrity of the draw, games in the upper half of the draw can be switched to accommodate travel and time zone adjustment (i.e. Canada West teams traveling east). If the teams playing are not impacted by the time zone change then there can be no switching of game times.

Note 3: If the Host team wins their quarterfinal match, they may have the option to play their semi-final at either 6:00 or 8:00 pm on the second day. This option must be declared no later than the second championship bulletin. **Once declared, the schedule will not change regardless of the outcome of the host quarterfinal match.**

1.6. PROTESTS

During U SPORTS National Championship, a judges' conference can be held on the request of the affected team, or the Match Referee Supervisor.

1.6.1. APPEALS TO A JUDGE'S CONFERENCE



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The head coach of a team participating in the match and/or the Match Referee Supervisor may at any moment during the match, as soon as he/she notices a violation of the FIVB Rules of the Game, or an improper situation or decision not in accordance with the FIVB Rules of the Game, or a violation to the U SPORTS Regulations request a Judges’ Conference.

SUCH CASES MUST REFER TO:

- a) An improper decision by the referee, who did not apply the rules or did not assume the consequences of his/her decisions. (e.g. the application of a 2nd yellow card to a player, or finishing a match or the set because of application of the wrong sequence of actions)
- b) An improper decision of the scorer, who made a mistake on the rotational order or on the score (e.g. extra point added/ point missed etc.)

1.6.2. IMPROPER CASES

1. A referee’s decision, which sanctions a playing action or misconduct, cannot be considered as a proper case
2. The coach who submits an improper case will be sanctioned by:
 - a. First Improper Request: Penalty - A point and service to the opponent
 - b. Second Improper Request: Sanction - Coach leaves the playing area and stays in the penalty area for the remainder of the set. Should no penalty box be available, the Match Referee Supervisor and U SPORTS Representative shall decide on the appropriate area.
 - c. Third Improper Request: Sanction- Disqualification - Coach leaves the Competition Control Area for the remainder of the match

1.6.3. AGREEMENT OF THE COMPLAINT

The Match Referee Supervisor examines the complaint and, if it is valid according to the Rules of the Game, a judges’ conference is convened with the Championship Management Committee

1.7. SCHEDULES OR ORDER OF EVENTS

The final schedule is at the discretion of U SPORTS working in consultation with the host committee.

The format of introductions should include the entire roster being introduced prior to the 5 and 5 and the starting 6 running to their respective end lines just prior to the beginning of the match.



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1.8. GAME TIMES

The final schedule is at the discretion of U SPORTS working in consultation with the host committee.

The Host has the option of playing at 6:00 pm or 8:00 pm. Their option must be declared no later than the second championship bulletin. If the Host plays the 6:00 pm match their potential semi-final opponent will play the 8:00 pm match. If the Host plays the 8:00 pm match their potential semi-final opponent will play the 6:00 pm match.

On Day 1 and Day 2 of the championship, the 1st match will start no earlier than **12:00** pm and the last match no later than 8:00 pm with a minimum of 2 hours between each match.

Note: The schedule must provide three (3) hours between the start of the 3rd place match and the start of the championship game.

1.9. PRACTICE TIMES / WARM-UPS

- 1.9.1. Allocation of practice times throughout the championship will be based on championship seeding – higher seed has choice. Each participating team will receive 45 minutes on a warm up court and 45 minutes on the championship game court, where possible.
- 1.9.2. Practice times on Day 2 and Day 3 of the championship will only be available to the four (4) teams playing in the winner's bracket of the championship.
- 1.9.3. Due to the competition schedule on Day 3, practice times may be limited to 30 minutes on the competition court.
- 1.9.4. Access (including visual access) to the gym during practices times shall be restricted to the appropriate championship personnel and the participating teams scheduled to practice.
- 1.9.5. The serve and pass time as part of the pre-game warm-up can be extended beyond the 45 minutes prior to match time, if both participating coaches agree (would only impact the first game of the day). If both coaches do not agree, it would remain at 45 minutes. If both coaches agree, it could be extended up to 10 minutes provided the Host can accommodate.



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1.9.6. The minimum total match warm-up will be twenty-five (25) minutes, including 5 and 5 and introductions. The schedule will be twenty-five (25) minutes on the clock for ball warm-up upon court availability after completion of previous game. At fifteen (15) minutes the coin toss will occur. At ten (10) minutes the 5 and 5 warm-ups will start. U SPORTS has the option to move the anthem to prior to the attack warm up at ten (10) minutes. Following the Attack warm up, the introduction of starters and head coaches will occur.

Note: 25 minutes of warm-up will be provided regardless of size or location of warm-up court/facility.

1.9.7. No warm-up using balls shall begin in the same gym when a match is in progress.

1.9.8. Team members may not handle a ball in the opponent's court or in the opponent's free space within 45 minutes prior to the match start time except for between the 4th and 5th sets.

1.9.9. The number of players that are warming up in the warm up area are up to the coach's discretion.

1.9.10. There will be shared court time from 60 minutes to 45 minutes prior to the game start time. This would allow both teams access to the full court for serve/pass warm up.

1.10. OVERTIME, TIMEOUTS & TIE-BREAKING

The break time between all sets will be three (3) minutes.

1.10.1. Up to 5-minute promotional time may be used by the Host institution between games 2 and 3. If this time is to be used, the details must be given to the coaches at the participating coaches meeting. At the discretion of the coaches, teams may leave the gymnasium between the 2nd and 3rd set. There will be no entertainment on the court between the 4th and the 5th set.

1.10.2. Each coach will have two (2) discretionary 60-second time outs to be utilized at any time.

1.10.3. During time outs, players must go to bench area and all members of the team may participate in the time-out discussion. During the break between the 4th and 5th set, teams who chose to use the net for hitting must hit towards the side of the court they will occupy at the start in the 5th set.



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- 1.10.4. In the case of a 14-14 tie in the deciding set, play is continued until a two-point lead is reached. There is no point limit.

1.11. SCORING AND STANDARDS

- 1.11.1. The official scorer will be solely responsible for the completion of the official scoresheet. A second official will have the task of completing the libero control sheet and the score table flip cards.
- 1.11.2. A copy of the officially completed score sheet shall be given to each participating coach immediately following completion of the match.
- 1.11.3. The U SPORTS Championship will not utilize substitution paddles.

1.12. RECORDS AND STATISTICS (N/A)

2. CHAMPIONSHIP ROSTER

- 2.1. Each championship team can declare up to sixteen (16) players from their most recently submitted U SPORTS Eligibility Form. A championship roster of up to sixteen (16) shall be submitted to U SPORTS officials at the pre-championship technical meeting. Team may dress any fourteen (14) players from this roster for each championship match.

Note: Changes to the roster can be made by the Head Coach up to 1 hour prior to the first game of the championship. Once the 1-hour window has passed, no changes can be made to the declared roster. It is the responsibility of the Head Coach to contact the U SPORTS Delegate on-site to make the final changes as per the timelines above.

- 2.2. The Host Organizing Committee will supply a form to each Head Coach for each game, with a list of the already declared fourteen (14) players.

2.3. GAME DAY ROSTERS

- 2.3.1. Coaches must identify their fourteen (14) players and declare their starters to the Host Organizing Committee 60 minutes prior to start of game.
- 2.3.2. The Host Organizing Committee will complete the game sheet for both teams at the end of warm-up OR no less than 10 minutes prior to the start of the game (whichever comes first). The Head coach must sign off on the final game sheet.



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3. TEAM BENCH

A team can have a maximum of 22 people in the bench area including athletes, coaches and support staff.

Note: Any team member above the 22 is considered a spectator and will sit in the stands.

3.1. TEAM DESIGNATION

- 3.1.1. At the Technical meeting prior to the championship, the coaches shall designate uniform preferences for each match with the highest ranked team having first choice of colors.
- 3.1.2. The higher seeded team will have choice of side and bench for each match.
When the Host team is the lower seeded team, they will have choice of bench over the higher seed.
- 3.1.3. Prior to each match coaches shall decide on uniform colors again with higher ranked team having preference. In case of conflict, the Organizing Committee shall determine clearly contrasting color designation. These shall be determined and given to each team before the competition begins.

3.2. INDIVIDUAL ELIGIBILITY(N/A)

3.3. INDIVIDUAL ENTRIES (N/A)

3.4. INDIVIDUAL RANKINGS (N/A)

3.5. TEAM ENTRIES (N/A)

3.6. TEAM RANKINGS (N/A)

4. EQUIPMENT AND FACILITY

4.1. BALL

The official ball for the U SPORTS Championship will be Mikasa V200W.

The three-ball system is to be used for all matches at the U SPORTS championship as per rule 3.3 of the Volleyball Canada rulebook.

4.2. RECORDING OF GAMES

4.2.1. GAME FILM



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4.2.1.1. FIRST ROUND OPPONENT

Pre-Championship: First round opponents must exchange downloadable recordings (mp4 file or comparable) of their final two (2) matches prior to the U SPORTS National Championship. The recording must be uploaded to the identified U SPORTS platform no later than Monday at 12:00 pm EST.

Note: View must be from the end of the court with the entire court visible on screen, but close enough that jersey numbers are clearly visible. No on-screen displays may interfere with visibility.

4.2.1.2. HOST REQUIREMENT

The Host must record all games at the U SPORTS National Championship and provide the recordings to each participating team and the officials at the conclusion of each match and no later than 90 minutes after the final whistle.

The Host must provide a centered end line view a minimum of 10 feet above floor level with an unobstructed view. The Host must articulate the distribution process in the championship information bulletin.

In addition, participating teams require space to record games. In venues where space is limited, the priority for camera placement beyond the Host camera will be:

- 1- Competing teams in next round
- 2- Competing teams in that game
- 3- All other teams

4.3. UNIFORMS

Teams must travel to the Championship with two sets of jerseys: one light set and one dark set.

Exception to 2024 Volleyball Canada rule 7.2.3.

All players SHOULD wear playing uniforms for the complete protocol and warm-up. All players MUST be wearing playing uniforms prior to the anthem and introductions.

4.3.1. U SPORTS LOGO



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U SPORTS reserve the right to require participants in a U SPORTS Championship to wear a U SPORTS logo on their uniforms. These logos will be provided to each team in advance of the championship. The logo must be placed on the top, right chest area of each uniform.

4.3.2. CORPORATE LOGOS

Should any team have a corporate logo on their jersey, they must send a photo to the U SPORTS Office (Director of Sport) prior to the conclusion of their conference playoffs for approval by the CEO. Teams who do not provide this will not be approved to wear corporate logos on their uniforms and must remove / cover prior to competition.

4.3.3. NUMBERING

- 4.3.3.1. The playing numbers of each participant shall be submitted with the roster. The players are then restricted to these numbers except under extenuating circumstances.
- 4.3.3.2. The location of the numbers in the center front of the jersey is not required.
- 4.3.3.3. For U SPORTS Men's & Women's Volleyball, the uniform regulation will follow the guidance for FIVB, World and Official Competitions for Seniors. Therefore, the numbering on the uniforms can range from 1-25 and beyond.
- 4.3.3.4. All institutions must comply with FIVB rules as it relates to the size of number on the playing jersey (15 cm on front and 20 cm on back). Violations must be recorded on the scoresheet and reported to the Technical Chair. Non-conformity may result in a fine as per the non-compliance policy.

4.4. SHORTS, SOCKS, BRACES, EQUIPMENT & DRESS CODE

- 4.4.1. For U SPORTS competition, the colour of arm sleeves or any other tensor or wrap or therapeutic device does not have to be the same as the uniform or team colours.
- 4.4.2. The libero must wear a jersey of contrasting colour but does not have to be on the same design as the other team uniforms.



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- 4.4.3. Towel people are required for all matches at the U SPORTS championship and will dry the floor at the termination of each rally without requiring direction from the officials.
- 4.4.4. The dress code regulations for all coaches, team staff, delegates and participants in the U SPORTS Championship shall be implemented as per the following.
- 4.4.5. The dress code is intended to provide guidelines for all coaches, team staff, delegates and participants in the U SPORTS Championship, in terms of their chosen attire while in competition.
- 4.4.6. Acceptable attire includes:
1. Team-wear, including warm-up suits, collared shirts and sweaters, etc.
 2. Business-wear, including suits, jackets, shirt & tie, sweaters, vests, etc.
- 4.4.7. Recognizing that the intent of the coaches group in adopting this dress code is to enhance the professional image of coaching and U SPORTS.
- 4.4.8. Unacceptable attire includes:
1. Casual / informal wear, including jeans, t-shirts, shorts, non-matching sweats, etc.

Failure to adhere to the dress code shall result in one of the following (as determined by the Coaches Executive):

1. Warning / Reprimand / Probation
2. Loss of Membership within the coaches group
3. Fine levied by Coaches Executive
4. Submission to Sport Committee as breach of regulations

4.5. HEAD GEAR AND HELMETS (N/A)

4.6. CAPTAINS IDENTIFICATION (N/A)

4.7. DEPTH CHARTS (N/A)

4.8. SPOTTER PHONES (N/A)

4.9. FACILITY REQUIREMENTS

- 4.9.1. An announcer shall be used for all matches at the U SPORTS championship. The public address system shall be silent from the moment the referee blows the whistle to initiate the rally until the whistle is blown to end the rally.
- 4.9.2. Official nets in accordance with the FIVB Rule Book shall be used for the championship. Advertising is permitted on the playing volleyball net.



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- 4.9.3. Courts shall comply with minimum specifications as outlined in the current FIVB Rule Book. Taraflex to be used as the official floor of the U SPORTS Men's Volleyball Championship wherever possible.
- 4.9.4. Competition courts must be set-up according to the FIVB Rule Book (pg. 59-60).
- 4.9.5. When the court lines (boundary as well as internal) are not readily visible, the Host institution must highlight these lines by either:
1. Highlighting the line itself by some means such as tape, etc.
 2. Highlighting by extending the width of the line into the court or by painting a four-inch border in a contrasting color inside the court itself.
- 4.9.6. Where the court is highlighted, the highlight lines must be added to the inside of the volleyball court.
- 4.9.7. The official visual score clock is to be used for time outs (60 seconds) and between game periods (three minutes between all games).
- 4.9.8. Minimum of provincial certified minor officials must be used for scorekeeping and the libero control sheet. The libero control sheet shall be used as per FIVB procedures.
- 4.9.9. If videoboards are available within the competition venue: during play (once R1 signals for service) the videoboard will only have
- (i) the score of the game (if applicable) and/or
 - (ii) corporate partners logos (if applicable) and/or
 - (iii) statistics (if applicable) and/or
 - (iv) the live video game feed (if applicable).

Note 1: Where possible any static images should not be on a bright background.

Note 2: There can be no images flashing, commercials or anything considered to be distracting for the athletes while the ball is in play (from the time R1 signals for service until the play is dead) similar to when music is permitted to be played.

5. RULES

The FIVB Rule Book for the current year shall be adopted as the basis for the U SPORTS championship in that year taking into consideration the U SPORTS exceptions below. The



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English version of the FIVB Rule Book shall prevail in cases of discrepancies in interpretation.

1. Coaches can declare 0, 1 or 2 liberos and change their designation each set of the match. See Rule 11.3 for further information regarding the libero rule for U SPORTS competition
2. The head coach can sit anywhere on the bench but all time-outs and substitutions are to be requested by the coach from the normal position at the end of the bench as per the FIVB rulebook.
3. In the event that the setter, in the act of moving away from the net to play the second contact, crosses the centre line, no fault is called provided there is no interference on the play.
4. All clothing soiled with blood must be replaced or neutralized/sterilized following the procedures laid out in rule 12.2
5. The U SPORTS Championship will not utilize the coach's restriction line.
6. Assistant Coaches will be allowed to move freely on the bench, including the warmup zone. **In between rallies, assistant coaches may approach the side lines to provide coaching to the players on the floor, but must return before the whistle for serve.** Only one assistant coach may stand at a time, with the caveat that the standing assistant coach return to the bench in a timely manner, and not remain in the free zone.
7. For the National Championship, U SPORTS plays with an 6-limited substitution rule, while officials use a fast sub protocol.
8. The U SPORTS Championship will not utilize substitution paddles.

6. MEETINGS

6.1. TECHNICAL MEETING

A Technical meeting will be held in person prior to the first game at a U SPORTS National Championship. Time of the meeting is at the discretion of the Host Organizing Committee.

The Head Coach from each participating team, an Officials Representative (ideally the head official or Referee Coach/Supervisor), the U SPORTS Delegate, and members of the Host Committee must attend this meeting.

The Chair of the Technical Meeting will be the U SPORTS delegate.

Note: A representative of the Official Broadcaster may be in attendance.

6.2. COACHES MEETING



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An unofficial Coaches meeting may be organized and require a meeting room during the championship. Date and time of the meeting is at the discretion of the Host Organizing Committee working in consultation with the President of the Coaches Association.

Note: This is not an official U SPORTS Sport Technical Sub Committee (STSC) meeting and thus any decisions affecting U SPORTS Policy or Regulations must be sent to the STSC. This is the responsibility of the President of the Coaches Association or their designate.

7. COMMERCIAL

7.1. MEDIA CONFERENCE

The date and time for a U SPORTS National Championship media conference is determined by U SPORTS and the Host Organizing Committee.

8. OFFICIALS

Volleyball Canada will select eight (8) officials, six (6) officials and two (2) referee supervisors/coaches for the U SPORTS Championship.

Volleyball Canada will be allowed to nominate up to an additional two (2) referees at no cost to the host.

8.1. FUNDED OFFICIALS

U SPORTS will cover the cost of travel for six (6) officials. The funding for the referee supervisors/coaches will be covered by Volleyball Canada, with the exception of one (1) hotel room.

8.2. OFFICIALS ASSIGNMENT

Officials will be selected to ensure that best available officials are at the championship.

8.3. QUALIFICATIONS OF OFFICIALS

The major officials shall be Volleyball Canada nationally rated and minimum level 4 certified. All lines people will be regional trained or higher for the championship games (quarters, semis and final) with 4 lines people being used for all games.

8.4. HOST RESPONSIBILITIES



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1. To pay and provide accommodation (double occupancy or single occupancy during a Pandemic), meals (per diem), local ground transportation and game fees for the 6 funded officials. The host will arrange accommodations for any additional referees, if assigned by Volleyball Canada. There will be no additional cost to the host for any extra rooms for the additional referees assigned. Any changes in accommodations by an official(s), resulting in additional costs, will be the responsibility of the individual(s) involved (example: a request of an official to stay on longer than required). The two extra officials will be paid for by the local branch. The Host institution shall train and assign scorers and stats keepers.
2. U SPORTS will provide the Host with an invoice for the total amount of game fees & per diems following the championship,
3. To provide, at their cost, local ground transportation for the Referee supervisors/coaches to and from the championship venues, as required.
4. To arrange for accommodation for any Referee supervisors/coaches at the same hotel as the other officials and pay for one (1) hotel room per night.
5. Host committee is responsible for service fee, per diems and accommodations costs for the referee supervisor:
 - a. Service fee of \$250.00 / day (3 days)
 - b. Per diem as per U SPORTS policy
6. Per diems for game officials will be covered by the Championship Host Committee at the following approved U SPORTS rates: \$70.00 per day per official [(B)\$15.00, (L)\$25.00 and (D)\$30.00] unless complimentary meals are provided.
7. To provide a tournament accreditation pass to the assigned Referee supervisors/coaches allowing them access to the venue and competition court. There should be designated seats provided to the Referee Coaches at either the scorer’s table or at a raised media table close to or directly behind the scorer’s table.

8.4.1. GAME DAY REQUIREMENTS

- 8.4.1.1. Dressing room and shower facilities at the competition site.
- 8.4.1.2. Towels for after game showers.



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- 8.4.1.3. Refreshments for half time and post-game (water, Gatorade, fruit, cereal bars, etc.). These items can be left of their dressing room.

8.5. NSO RESPONSIBILITIES

1. To cover the cost of accommodation, meals, and transportation for the Referee coach.

8.6. FEES

Officials Fee: \$105/game/official

8.7. STANDBY OFFICIAL

Stand By Officials Fee: \$52.50/game/official

8.8. SELECTION PROCESS

- 8.8.1. The National Officials chairman shall forward the final selections to the U SPORTS Office no later than 30 days prior to the start of the championship.

8.9. ON-SITE OFFICIALS ASSIGNMENT

- 8.9.1. The (lead) Referee Coach(es) Assignor(s) / Evaluator(s) will attend the pre-championship Technical meeting. Only technical issues relating to officiating will be discussed. Opinions on the quality of officiating and individuals will not be discussed at this meeting. There will be no other meetings between coaches and Referee Coaches once the championship begins.

- 8.9.2. All games will be assigned according to ability as determined by the Referee Coaches.

- 8.9.3. An effort should be made to avoid consistent pairing of the officials. For the championship final match, the four lines people can be selected from the top performing lines people from the tournament

9. SEASON AND CHAMPIONSHIP AWARDS

**Please refer to policy 60.20 for more details re standard championship awards.*

9.1. ALL-CANADIANS



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The following procedures are used in selecting the All-Canadian First (7) and Second (7) Teams.

9.1.1. Each Sport Conference must use the U SPORTS on-line awards nomination system to submit their final list of ranked All-Stars. All Sport Conferences are required to submit a minimum of 12 names on the All-Canadian ballot. Sport Conferences must have their submissions completed two weeks prior to the start of the U SPORTS Championship. The web-based system will ensure the nominees for All-Canadian consideration have complete year-end statistics. Player of the Year to be named as one of the first team All-Stars and comprise one of the seven (7) selected to the first team. Ensuring the information available via the on-line awards system, is the responsibility of each institution or Sport Conference.

9.1.2. Final selections shall be completed no later than 7 days prior to the U SPORTS Championship.

9.1.3. In case of a tie, the following tie breaking system will be used:

1. Highest ranking to player who is named on more ballots.
2. Highest ranking to player who has most first place votes.
3. Conference call including minimum of 3 Sport Conference representatives.

9.2. OUTSTANDING PLAYER OF THE YEAR

9.2.1. Determined as the player receiving the most votes on the first team All-Canadians.

9.2.2. To win the national award the athlete must have won the player of the year award in their sport conference, if such an award exists or be a member of their Sport Conference All-Star team.

9.3. ROOKIE OF THE YEAR & ALL-ROOKIE TEAM

9.3.1. The selection process for the All-Rookie team and the Rookie of the Year shall be the same as the All-Canadian procedures outlined above.

9.3.2. Athletes must be in their first year of U SPORTS eligibility and be 21 years of age or younger as of September 1st in the current academic year.

9.3.3. A player who has been a full-time member of the Senior National Team is not eligible for Rookie of the Year.



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9.3.4. The athlete receiving the most votes shall be named Rookie of the Year.

9.3.5. Each Sport Conference may nominate up to six athletes for the voting ballot for the All-Rookie team.

9.3.6. To be selected to the All-Rookie Team, the athlete must have been a rookie of the year nominee to their sport conference, and final voting must adhere to the conferences rank order

9.3.7. The All-Rookie Team shall be announced in the same way as the second team All-Canadians

9.3.8. To win the national award the athlete must have won the rookie of the year award in their sport conference, if such an award exists. Note: Conference All-Star status is not considered when selecting the U SPORTS Rookie of the Year.

9.3.9. The complement of the All-Rookie Team will be 7.

9.4. STUDENT-ATHLETE COMMUNITY SERVICE AWARD

9.4.1. Selected by the coaches using the online selection process

9.4.2. Recipient who best exhibits outstanding achievements in three (3) areas: volleyball, academics, and community involvement

9.4.3. Nominees to be submitted to the Sport Conference by the first week of February

9.4.4. To win the national award the athlete must have won that award in their sport conference, if such an award exists.

9.5. COACH OF THE YEAR

9.5.1. Same process as the All-Canadians

9.5.2. To win the national award the coach must have won the coach of the year award in their sport conference, if such an award exists.

9.6. CHAMPIONSHIP TROPHY & U SPORTS PENNANT

Presented to the U SPORTS Championship Team.



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9.7. CHAMPIONSHIP MEDALS

Presented to the top 3 teams in the U SPORTS Championship (gold, silver, bronze).

9.8. CHAMPIONSHIP MVP

9.8.1. Selected by a 3-person committee established by the Host. Best efforts should be made to include non-participating coaches attending the Championship.

9.8.2. Selection based on the athletes’ performance at the Championship.

9.8.3. Must be a member of the Tournament All-Star team.

9.9. CHAMPIONSHIP ALL STAR TEAM

Selected by a 3-person committee established by the Host. Best efforts should be made to include non-participating coaches attending the Championship or committed to viewing the broadcast of all 11 matches

9.9.1. Selection based on the student-athletes’ performance at the U SPORTS Championship

9.9.2. Seven (7) All-Stars will be selected.

9.10. CHAMPIONSHIP PLAYERS OF THE GAME

9.10.1. One player from each team will be picked as the player of the game.

9.10.2. A designated committee or the Head Coaches of the participating teams will select the Player of the game for the opposing team.

10. FAIR PLAY AWARD (R.W. PUGH)

10.1.1. Selected by the referees at the U SPORTS Championship (coordinated by the Awards Chair)

10.1.2. The recipient will demonstrate unquestionably the characteristics of fair play and sportsmanship and a commitment to the spirit and intent of the rules of the game. Candidates will demonstrate the ideals projected by U SPORTS values and ethics - e.g. honesty, respect for the game, respect for opponents, respect for rules, respect for officials, etc.



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11. COMMITTEES

11.1. AWARD SELECTION COMMITTEE

All Men’s Volleyball Head Coaches will vote as part of the Award Selection Committee.

This committee will select the recipients of the following awards:

- All-Canadians (1st and 2nd Team)
- Outstanding Player of the Year
- Rookie of the Year and All-Rookie Team
- Student-Athlete Community Service Award
- Coach of the Year

Note: If a Coach of the Year Nominee is part of the Award Selection Committee they will not have a vote in that category.

11.2. CHAMPIONSHIP MANAGEMENT COMMITTEE

10.2.1 Role of the Committee

The Management Committee shall rule on all matters necessary for the championship to proceed and will, in addition, act as the Protest Committee during the U SPORTS National Championship. The Management Committee shall apply U SPORTS Rules. The Management Committee may not, nor may any member, make an exception to any U SPORTS Rule or to a sanction imposed by U SPORTS. The Management Committee has no jurisdiction to consider or interpret U SPORTS Eligibility Regulations.

10.2.2 Composition of the Management Committee shall be:

1. Championship Convener
2. U SPORTS Delegate;
3. Head Official (or designate from officials’ group);
4. President of the Coaches Association, or designate.

A quorum shall require all four members, or their replacement.

10.2.3 Disciplinary Action



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If a member of the Management Committee was involved, directly or indirectly, in a decision or an interpretation of a U SPORTS Rule that is being appealed/protested to the Management Committee that member shall be excused from the Management Committee. In this event, the remaining members of the Management Committee have the authority to appoint as a replacement for the excused member an individual who is independent, unbiased and uninvolved in the matter in dispute. The decision regarding whether a member of the Management Committee should be excused and replaced lies solely with the Management Committee.

Notwithstanding the procedures described in U SPORTS policy 90.70.4.1.1 , the U SPORTS Championship Management Committee shall have the authority to take interim on-the-spot measures to address minor code of conduct issues (inappropriate or unsportsmanlike conduct that is not criminal in nature) that arise at U SPORTS Championships, in a timely fashion and communicated with U SPORTS immediately. The record of the incident, including the interim measures taken to address it shall be copied to the Athletic Director(s) of the affected school(s), and the U SPORTS office and Discipline Committee.

It is the expectation of U SPORTS that persons representing Member institutions, and/or U SPORTS, at U SPORTS Championships will behave responsibly, and with propriety, and in accordance with the laws of the land.

11.3. JURY OF APPEAL (N/A)

11.4. DELEGATES (N/A)

12. APPENDICES

12.1. BLOOD POLICY FOR COMPETITION

- 12.1.1. Bleeding: If an athlete is bleeding and other participants are at risk of exposure to his/her blood, the athlete's participation in the match must be interrupted until the bleeding has stopped, and the wound has been cleaned with an antiseptic solution and securely covered. A one minute technical time-out would be applied by the referee in order to rectify the situation and stop the bleeding before a legal substitution, exceptional substitution, or injury time-out would become necessary. The technical time-out is not charged to either team. The technical time-out may occur only once for the same player in the match. Record on the scoresheet under remarks.



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- 12.1.2. Legal Substitution: If possible, a legal substitution would be used. The bleeding player may return to the set once the bleeding has stopped, and the wound has been cleaned and covered providing the return is legal. (Rule 15.6)
- 12.1.3. Exceptional Substitution: If a legal substitution is not possible then the referee would authorize an exceptional substitution. The blood-injury player cannot return for the remainder of that set. The blood-injury player may play in subsequent sets providing the bleeding has stopped and the wound has been cleaned and covered. (Rule 15.7)
- 12.1.4. Injury Time-Out: If a blood-injury injured player cannot be substituted, legally or exceptionally, this player is given a three-minute recovery time in order to stop the bleeding and to cover the affected area. This may occur only once for the same player in the match. If the bleeding cannot be stopped, his/her team is declared incomplete. (Rule 17.1)
- 12.1.5. Team Uniforms: All team uniforms soiled with blood must be either replaced or cleaned prior to the blood-injury athlete resuming the competition. Uniforms are to be cleaned until the stain is completely removed.
- 12.1.6. If a replacement uniform is not available, a player with a jersey soiled with blood would be allowed to wear a different numbered jersey or to change jerseys with a player on the bench. The referee would change the number(s) of the player(s) involved on the scoresheet. The procedure to be used would be Rule 15.6, Rule 15.7, Rule 17.1, or a time-out. - The one-minute technical time-out applies. - Record on the scoresheet under remarks. Note: This rule also applies to the Libero player if the team has an additional Libero uniform that can be used.

12.2. THE LIBERO PLAYER

- 12.2.1. Each team has the right to designate from the list of players on the score sheet up to two specialist defensive players: Liberos
- 12.2.2. The Libero(s) is to be recorded on the score sheet with the team roster, not on the special line. The number of Libero(s) is to be recorded on the line-up card for all sets
- 12.2.3. The Libero on court is Acting Libero. If there is another Libero, he/she is the second Libero for the team. Only one Libero may be on court at any time
- 12.2.4. Only one Libero may be on the court at any time



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- 12.2.5. Following FIVB rules, the Libero can be either team captain or game captain