

VOLLEYBALL NEW BRUNSWICK RULES SPREADSHEET 2026-27

Classification	RSEQ Men	AUS Women	ACAA Men	ACAA Women	Varsity Boys	Varsity Girls	JV Boys	JV Girls
Net Height	2.43 m	2.24 m	2.43 m	2.24 m	2.43 m	2.24 m	2.35 m	2.24 m
Sets played	3 of 5	3 of 5	3 of 5	3 of 5	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3
Players / Rosters	16 / 14	16 / 14	16 / 14	16 / 14	Unlimited	Unlimited	Unlimited	Unlimited
Coaches / Staff	6 / 8	6 / 8	6	6	4	4	4	4
Arrival R1 / R2	60 min	60 min	60 min	60 min	45 min	45 min	45 min	45 min
Arrival Lines / Scorer	60 min	60 min	60 min	60 min	N/A	N/A	N/A	N/A
Serve Pass End	35 min	45 min	45 min	45 min	N/A	N/A	N/A	N/A
Coin Toss	30 minutes	30 minutes	15 minutes	15 minutes	17 minutes	17 minutes	17 minutes	17 minutes
Server Warm Up	13 minutes	10 minutes	13 minutes	13 minutes	13 minutes	13 minutes	13 minutes	13 minutes
Receive Warm Up	8 minutes	5 minutes	8 minutes	8 minutes	8 minutes	8 minutes	8 minutes	8 minutes
Warm Up Time for each team	5 minutes	5 minutes	5 minutes	5 minutes	5 minutes	5 minutes	5 minutes	5 minutes
Substitutions	8 limited	8 limited	6 limited	6 limited	12 unlimited	12 unlimited	12 unlimited	12 unlimited
Liberos	2 liberos	2 liberos	2 liberos	2 liberos	2 liberos	2 libero	1 libero	1 libero
Time Out Duration	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec
Practice Ball @ Timeouts	YES	YES	YES	YES	NO	NO	NO	NO
Setter Penetration on 2nd	YES	YES	YES	YES	NO	NO	NO	NO
3 ball System	YES	YES	YES	YES	NO	NO	NO	NO
Ball Used in NB	Mik V200w	Mik V200w	Molt V5M5000	Molt V5M5000	Mik V200w	Mik V200w	Mik V200w	Mik V200w
Head Coach Sits	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere
Assistant Coach Movement	Yes Btw Rally	Yes Btw Rally	Yes Btw Rally	Yes Btw Rally	NO	NO	NO	NO
Jersey numbers	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99
Ceiling Rule	NO	NO	YES	YES	YES	YES	YES	YES
Serve Receive Rule (movement)	YES	YES	NO	NO	NO	NO	NO	NO

Classification	18U Girls	17U Girls	16U Girls	15U Girls	18U Boys	16U Boys	15U Boys	14U B / G
Net Height	2.24 m	2.24 m	2.24 m	2.20 m	2.43 m	2.35 m	2.35 m	2.20 m / 2.15 m
Sets played	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3	2/2 or 2/3
Players / Rosters	15 / 15	15 / 15	15 / 15	15 / 15	15 / 15	15 / 15	15 / 15	15 /12
Coaches / Staff	4	4	4	4	4	4	4	4
Arrival R1 / R2	45 min	45 min	45 min	45 min	45 min	45 min	45 min	45 min
Arrival Lines / Scorer	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Serve Pass End	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Coin Toss	13 minutes	13 minutes	13 minutes	13 minutes	13 minutes	13 minutes	13 minutes	13 minutes
Server Warm Up	11 minutes	11 minutes	11 minutes	11 minutes	11 minutes	11 minutes	11 minutes	11 minutes
Receive Warm Up	7 minutes	7 minutes	7 minutes	7 minutes	7 minutes	7 minutes	7 minutes	7 minutes
Warm Up Time for each team	4 minutes	4 minutes	4 minutes	4 minutes	4 minutes	4 minutes	4 minutes	4 minutes
Substitutions	6 limited	6 limited	6 limited	12 limited	6 limited	6 limited	12 limited	NO SUBS
Liberos	2 liberos	1 libero	1 libero	No libero	2 liberos	1 libero	No libero	No libero
Time Out Duration	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec	2 - 60 sec
Practice Ball @ Timeouts	NO	NO	NO	NO	NO	NO	NO	NO
Setter Penetration on 2nd	NO	NO	NO	NO	NO	NO	NO	NO
3 ball System	NO	NO	NO	NO	NO	NO	NO	NO
Ball Used in NB	Mik V200w	Mik V200w	Mik VQ200w	Mik VQ200w	Mik V200w	Mik VQ200w	Mik VQ200w	Mik VQ200w
Head Coach Sits	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere	Anywhere
Assistant Coach Movement	NO	NO	NO	NO	NO	NO	NO	NO
Jersey numbers	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99	#1 - 99
Ceiling Rule	YES	YES	YES	YES	YES	YES	YES	YES
Serve Receive Rule (movement)	NO	NO	NO	NO	NO	NO	NO	NO